

33e Challenge Almere-Amsterdam 12-09-2015

Unofficial Result Halve Triathlon Individual Overall

Pits	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike1	Bike2	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	1021	Youri Severin	Almere	M24	NED	00:24:08	2	01:03:11	01:16:23	02:19:34	3	02:45:39	1	00:26:00	00:26:24	00:28:23	01:20:47	1	04:08:32	
2	1012	Marius Lau	Frankfurt	MU24	GER	00:25:40	6	01:02:13	01:16:55	02:19:07	2	02:47:29	2	00:27:21	00:28:11	00:29:48	01:25:18	7	04:15:29	
3	1199	Sebastian Krusch	Bochum	M24	GER	00:27:16	20	01:03:09	01:17:27	02:20:36	7	02:50:16	4	00:26:51	00:28:09	00:28:34	01:23:33	4	04:15:55	
4	1022	Niels Brandt-jørgensen	Vejle	M24	DEN	00:29:56	49	01:04:27	01:17:41	02:22:07	9	02:54:52	7	00:26:15	00:27:11	00:27:51	01:21:17	3	04:19:20	
5	1291	Bert van Veen	Enschede	M24	NED	00:26:28	9	01:05:23	01:21:53	02:27:15	32	02:56:24	10	00:26:04	00:26:32	00:28:23	01:20:58	2	04:19:26	
6	1170	Francis Mobbs	Delft	M24	AUS	00:26:34	10	01:03:26	01:17:17	02:20:43	8	02:49:33	3	00:30:00	00:30:27	00:31:42	01:32:09	40	04:23:59	
7	1287	Philippe Lamberty	Diekirch	M24	LUX	00:25:43	7	01:05:54	01:21:55	02:27:49	37	02:56:25	11	00:27:19	00:28:19	00:30:46	01:26:24	10	04:24:54	
8	1016	Michiel de Wilde	Amsterdam	MU24	NED	00:32:31	127	01:02:59	01:17:23	02:20:21	6	02:55:12	9	00:28:23	00:29:31	00:30:50	01:28:44	19	04:26:19	
9	1114	Tim Hezemans	Delft	M24	NED	00:28:54	24			02:20:20	4	02:51:39	6				01:32:59	48	04:26:52	
10	1101	Bart Hoeksma	Amsterdam	M24	NED	00:29:52	48	01:05:37	01:20:39	02:26:16	25	02:59:21	22	00:26:45	00:28:14	00:29:45	01:24:43	5	04:27:16	
11	1032	Daniel Heddendorp	Bocholt	M24	GER	00:29:07	33	01:04:36	01:17:56	02:22:31	10	02:55:04	8	00:28:13	00:28:20	00:33:22	01:29:55	25	04:27:25	
12	1146	Adrian Siemons	Meer	M24	BEL	00:29:00	25	01:06:27	01:20:26	02:26:52	29	02:58:26	16	00:29:05	00:28:44	00:29:16	01:27:04	12	04:28:02	
13	1017	Sebastian Ebbelin	Horsens	MU24	DEN	00:26:41	14	01:04:26	01:22:58	02:27:23	35	02:56:30	12	00:28:53	00:29:12	00:31:58	01:30:01	28	04:29:33	
14	1151	David Chesterman	Ely	M24	GBR	00:29:04	28	01:06:58	01:19:53	02:26:50	28	02:58:34	18	00:28:49	00:29:32	00:30:38	01:28:58	20	04:29:53	
15	1057	Marten Visser	Almere	M24	NED	00:29:10	34	01:05:01	01:20:55	02:25:55	22	02:57:15	13	00:29:19	00:29:34	00:31:20	01:30:13	29	04:29:56	
16	1115	Tom van Gulik	Broek In Waterland	M24	NED	00:27:11	17	01:07:08	01:19:39	02:26:47	27	02:58:41	21	00:28:58	00:29:29	00:29:51	01:28:18	15	04:30:37	
17	1289	Raphael Mehl	Curitiba	M24	BRA	00:26:44	15	01:08:44	01:21:25	02:30:09	67	02:59:28	23	00:28:57	00:30:02	00:31:01	01:29:59	27	04:32:52	
18	1301	Daniel Krusi	St. Gallen	M40	SUI	00:33:53	200	01:05:08	01:18:24	02:23:32	12	03:00:37	28	00:29:29	00:29:43	00:30:42	01:29:54	24	04:33:29	
19	1058	Barry Rotgans	Almere	M24	NED	00:30:39	68	01:08:00	01:22:01	02:30:01	63	03:03:09	37	00:28:47	00:29:15	00:30:20	01:28:22	17	04:33:57	
20	1722	Charlene Ottevaere	Oostrozebeke	W24	BEL	00:29:10	35	01:08:45	01:23:23	02:32:08	91	03:04:14	43	00:28:47	00:29:09	00:30:09	01:28:04	13	04:34:39	
21	1157	Paul Bowyer	Paris	M24	GBR	00:29:39	46	01:06:42	01:21:46	02:28:27	47	03:00:22	27	00:30:17	00:30:37	00:31:00	01:31:52	38	04:34:51	
22	1433	Koos Zut	Slootdorp	M40	NED	00:30:17	59	01:00:59	01:16:36	02:17:34	1	02:50:26	5	00:31:50	00:32:54	00:37:23	01:42:06	169	04:35:14	
23	1020	Kevin Denis	Louvain La Neuve	M24	BEL	00:27:11	18	01:11:18	01:24:35	02:35:52	147	03:05:29	48	00:29:50	00:28:50	00:29:29	01:28:08	14	04:35:44	
24	1247	Xavier Cornelissen	Antwerpen	M24	BEL	00:29:26	40	01:09:42	01:24:46	02:34:28	121	03:06:56	63	00:27:35	00:27:54	00:30:08	01:25:37	8	04:35:53	
25	1300	Florian Duterloo	Amsterdam	M24	NED	00:33:54	201	01:02:23	01:17:58	02:20:21	5	02:58:27	17	00:29:13	00:31:30	00:34:16	01:34:58	61	04:36:17	
26	1384	Christophe Deboes	Templeuve	M40	FRA	00:29:11	38	01:09:26	01:23:53	02:33:19	104	03:06:05	52	00:27:58	00:29:12	00:31:18	01:28:27	18	04:36:48	
27	1401	Ringo De Rijck	Scherpenheuvel	M40	BEL	00:37:15	347	01:07:11	01:20:06	02:27:16	33	03:07:54	74	00:28:02	00:28:50	00:29:53	01:26:44	11	04:37:47	
28	1371	Mark Gielis	Enkhuizen	M40	NED	00:32:05	109	01:04:17	01:19:45	02:24:01	15	03:01:59	32	00:30:07	00:31:01	00:31:56	01:33:03	49	04:38:35	
29	1202	Luke Whibley	Amsterdam	M24	GBR	00:29:40	47	01:05:29	01:19:54	02:25:23	20	02:57:55	14	00:30:50	00:33:16	00:34:20	01:38:26	100	04:39:17	
30	1359	Tom Jensen	Horsens	M40	DEN	00:30:17	58	01:05:05	01:20:10	02:25:15	19	02:58:36	19	00:32:55	00:32:32	00:33:12	01:38:38	103	04:39:38	
31	1306	Vincent Beijck	Odijk	M40	NED	00:30:33	65	01:03:34	01:21:33	02:25:07	18	02:58:37	20	00:30:19	00:33:29	00:35:12	01:38:59	109	04:40:08	
32	1121	Rasmus Gyberg	Horsens	M24	DEN	00:32:38	131	01:09:50	01:21:43	02:31:33	81	03:06:53	61	00:29:22	00:29:51	00:31:01	01:30:13	30	04:40:09	
33	1714	Anna Wiese	Poznan	W24	POL	00:31:13	84	01:10:42	01:23:11	02:33:53	110	03:07:16	71	00:29:40	00:29:57	00:31:24	01:31:00	36	04:40:44	
34	653	Bouke Schelltinga	Enschede	MU24	NED	00:29:02	26	01:07:14	01:22:40	02:29:53	61	03:01:28	30	00:32:18	00:32:26	00:32:04	01:36:47	84	04:40:56	
35	1383	Kurt Pauwels	Schaffen	M40	BEL	00:34:41	222	01:07:19	01:20:58	02:28:17	41	03:08:00	76	00:29:47	00:29:35	00:30:06	01:29:27	22	04:40:57	
36	1442	Rob Pauw	Dinxperlo	M45	NED	00:33:15	167	01:06:59	01:23:37	02:30:35	71	03:07:26	73	00:29:47	00:30:42	00:31:44	01:32:11	41	04:42:25	
37	1303	Hinke van Wezep	Apeldoorn	M40	NED	00:30:16	57	01:09:01	01:23:29	02:32:29	95	03:06:01	51	00:29:38	00:30:55	00:32:03	01:32:35	44	04:42:29	
38	1124	Dennis de Knijff	Almere	M24	NED	00:35:19	258	01:09:57	01:25:21	02:35:18	133	03:15:04	152	00:26:56	00:28:05	00:29:51	01:24:51	6	04:42:32	
39	1542	Ruud Kuipers	Alkmaar	M50	NED	00:32:58	149	01:04:27	01:18:47	02:23:14	11	03:00:12	26	00:32:10	00:32:36	00:34:46	01:39:32	118	04:42:54	
40	1027	Edwin Ruimpol	Borculo	M24	NED	00:31:15	86	01:06:58	01:19:14	02:26:12	23	03:00:12	25	00:29:39	00:33:44	00:37:02	01:40:23	135	04:42:55	
41	1041	Harmen de Bruin	Kockengen	M24	NED	00:32:54	145	01:11:22	01:24:00	02:35:21	134	03:11:26	110	00:29:15	00:29:21	00:30:34	01:29:09	21	04:43:03	
42	1255	Jim Watchorn	Reading	M24	GBR	00:33:36	188	01:04:15	01:21:59	02:26:14	24	03:03:48	42	00:30:41	00:32:19	00:33:35	01:36:34	82	04:43:54	
43	1095	Cees Schep	Weesp	M24	NED	00:32:53	142	01:07:55	01:23:38	02:31:33	80	03:06:59	64	00:29:40	00:31:21	00:33:16	01:34:15	54	04:43:59	
44	1333	Clemens Köster	Aurich	M40	GER	00:33:41	192	01:07:32	01:20:54	02:28:26	45	03:06:22	56	00:31:52	00:31:28	00:31:37	01:34:56	60	04:44:07	
45	1340	Bart Serroyen	Lommel	M40	BEL	00:33:20	170	01:06:15	01:22:44	02:28:58	52	03:06:06	53	00:30:34	00:31:38	00:33:20	01:35:32	71	04:44:52	
46	1136	Christian højberg Jensen	Vejle	M24	DEN	00:35:13	253	01:06:44	01:20:53	02:27:37	36	03:06:52	60	00:30:48	00:31:34	00:33:06	01:35:27	69	04:45:09	
47	1165	Hanno van Binsbergen	Veenendaal	M24	NED	00:26:39	12	01:08:10	01:23:47	02:31:57	88	03:01:21	29	00:32:09	00:33:50	00:34:35	01:40:33	138	04:45:13	
48	1776	Jacques van Leeuwen	Diemen	M55	NED	00:30:53	74	01:08:35	01:24:16	02:32:50	99	03:07:12	70	00:31:12	00:30:56	00:33:07	01:35:14	65	04:45:14	
49	1311	Bas van Rens	Heemstede	M40	NED	00:29:29	41	01:06:30	01:22:22	02:28:52	50	03:02:01	33	00:33:30	00:32:47	00:34:27	01:40:43	145	04:45:19	
50	1469	Jörg Schütz	Malberg	M45	GER	00:35:53	286	01:05:37	01:21:46	02:27:22	34	03:06:59	65	00:30:17	00:32:04	00:33:28	01:35:48	75	04:45:22	
51	1361	Frank Werkhoven	Lelystad	M40	NED	00:35:30	273	01:07:36	01:22:43	02:30:18	68	03:11:07	105	00:29:15	00:30:02	00:31:11	01:30:26	34	04:45:25	
52	1295	Lars Karmelk	Lelystad	M24	NED	00:29:05	31	01:08:28	01:24:26	02:32:53	100	03:04:30	44	00:30:44	00:32:14	00:35:21	01:38:18	98	04:45:25	
53	1129	Maarten Van Rijn	Haarlem	M24	NED	00:28:15	22	01:07:04	01:20:04	02:27:08	31	02:58:16	15	00:31:11	00:34:32	00:38:50	01:44:32	207	04:45:31	
54	1272	Lukasz Babczynski	Wezembeek Oppem	M24	POL	00:31:26	91	01:06:59	01:21:21	02:28:20	42	03:02:53	36	00:32:41	00:33:18	00:34:19	01:40:17	130	04:46:11	
55	1436	Rob van der Werff	Tiel	M40	NED	00:29:37	44	01:08:27	01:22:43	02:31:10	79	03:03:37	40	00:31:06	00:33:33	00:34:42	01:39:21	116	04:46:28	
56	640	Bart van Linder	Oostelbeers	M40	NED	00:33:12	162	01:07:41	01:21:57	02:29:38	57	03:06:18	55	00:31:43	00:32:34	00:33:09	01:37:25	90	04:46:37	
57	1623	Freek van Heerebeek	Almere	M50	NED	00:31:46	100	01:08:09	01:24:05	02:32:13	93	03:08:23	81	00:30:47	00:32:02	00:33:35	01:36:22	80	04	

64	1808	Michael Dirkzwager	Assendelft	M45	NED	00:29:39	45	01:09:13	01:23:45	02:32:58	101	03:05:51	49	00:31:57	00:33:54	00:33:45	01:39:35	123	04:47:56
65	1169	Frank Lunemann	Moormerland	M24	GER	00:35:15	256	01:09:04	01:22:36	02:31:40	85	03:11:03	104	00:30:05	00:30:49	00:33:47	01:34:40	56	04:48:04
66	1059	Mike van den Breul	Almere	M24	NED	00:30:56	77	01:10:03	01:24:24	02:34:27	120	03:09:20	89	00:31:14	00:32:04	00:32:54	01:36:11	79	04:48:07
67	1149	Kasper Nielsen	Horsens	M24	DEN	00:36:31	311	01:05:51	01:21:06	02:26:57	30	03:07:22	72	00:32:22	00:32:16	00:33:56	01:38:34	102	04:48:57
68	1009	Sven Bams	Eijssden	MU24	NED	00:25:35	5	01:10:54	01:26:10	02:37:03	168	03:05:13	46	00:32:17	00:34:00	00:35:12	01:41:28	157	04:49:03
69	1288	Ramon Dekkers	Hamont	M24	NED	00:32:15	113	01:09:11	01:21:34	02:30:44	73	03:07:10	69	00:31:14	00:32:54	00:34:00	01:38:08	96	04:49:04
70	2019	Gert Mergaerts	Baal	M40	BEL	00:34:21	213	01:07:49	01:20:37	02:28:26	44	03:08:06	79	00:33:17	00:31:32	00:32:24	01:37:11	88	04:49:09
71	1102	Arno van Triest	Putte	M24	NED	00:30:33	66	01:13:25	01:28:38	02:42:02	249	03:15:59	170	00:29:58	00:29:52	00:30:33	01:30:23	132	04:49:10
72	1334	Andreas Adamski	Gladbeck	M40	GER	00:31:47	101	01:06:27	01:22:07	02:28:34	48	03:03:31	39	00:32:10	00:33:39	00:34:03	01:42:51	182	04:49:14
73	1045	Paul Lijten	Helmond	M24	NED	00:35:11	251	01:05:31	01:22:49	02:28:20	43	03:08:04	78	00:32:07	00:32:00	00:34:35	01:38:41	105	04:49:20
74	1105	Mark Verhaegen	Baexem	M24	NED	00:30:45	72	01:09:09	01:24:22	02:33:30	108	03:06:55	62	00:33:08	00:32:42	00:33:10	01:38:59	110	04:49:25
75	1074	Martijn Koedijk	Amsterdam	M24	NED	00:35:05	245	01:07:26	01:21:22	02:28:47	49	03:07:02	68	00:32:17	00:31:55	00:34:59	01:39:10	112	04:49:37
76	1577	Dirk Logghe	Kortenber	M50	BEL	00:31:27	92	01:13:23	01:28:20	02:41:43	248	03:18:40	210	00:29:30	00:28:57	00:29:54	01:28:20	16	04:50:13
77	1756	Nadine Bucci	Heidelberg	W40	ITA	00:35:23	263	01:11:55	01:23:44	02:35:38	144	03:15:03	151	00:29:38	00:31:07	00:32:06	01:32:51	46	04:50:35
78	2119	Jon daniel Farley	Worcester	M24	GBR	00:36:27	309	01:11:43	01:24:57	02:36:40	162	03:15:52	167	00:29:44	00:31:08	00:31:45	01:32:36	45	04:51:01
79	1195	Sebastiaan van Gijssel	Rijen	M24	NED	00:35:20	260	01:08:42	01:21:23	02:30:05	66	03:09:03	87	00:31:04	00:33:01	00:34:44	01:38:48	107	04:51:15
80	1347	Rohalt Bergsma	Lochem	M40	NED	00:29:13	39	01:10:17	01:24:46	02:35:02	128	03:07:02	67	00:32:36	00:33:44	00:33:55	01:40:15	129	04:51:17
81	1172	Benito Fernández Van Veldhuizen	Veenendaal	M24	NED	00:34:41	221	01:12:21	01:24:10	02:36:31	158	03:15:47	166	00:31:13	00:31:18	00:30:24	01:32:54	47	04:51:26
82	1484	Johan Ulijn	Oss	M45	NED	00:33:08	158	01:06:59	01:22:51	02:29:49	60	03:06:23	57	00:33:12	00:33:57	00:35:20	01:42:28	175	04:51:35
83	1162	Mark van Ooij	Alphen Aan Den Rijn	M24	NED	00:37:17	349	01:09:20	01:22:41	02:32:01	90	03:13:22	135	00:30:36	00:31:49	00:33:28	01:35:52	77	04:51:46
84	1497	Patrick De Vries	Heemstede	M45	NED	00:33:14	165	01:06:02	01:23:12	02:29:14	54	03:07:01	66	00:31:37	00:34:42	00:35:12	01:41:30	158	04:51:47
85	1286	Matthias Sevenig	Kempfen	M24	GER	00:32:20	118	01:08:30	01:24:16	02:32:46	97	03:08:07	80	00:32:43	00:34:12	00:33:46	01:40:40	143	04:51:56
86	1503	Jeff Hillis	Newtownabbey	M45	GBR	00:37:58	403	01:12:06	01:25:41	02:37:46	183	03:18:45	212	00:29:41	00:29:32	00:30:44	01:29:56	26	04:51:56
87	1511	Guy Van Pelt	Hoboken	M45	BEL	00:37:22	351	01:11:08	01:24:17	02:35:25	139	03:15:37	162	00:31:07	00:31:24	00:31:19	01:33:49	50	04:52:02
88	1108	Paul Monden	Arnhem	M24	NED	00:30:02	54	01:14:17	01:26:38	02:40:55	233	03:13:43	139	00:30:15	00:31:25	00:34:07	01:35:45	73	04:52:11
89	1103	Gert-Jan Bouterse	Rotterdam	M24	NED	00:41:18	524	01:04:43	01:19:15	02:23:57	14	03:10:06	93	00:31:50	00:32:36	00:33:14	01:37:39	93	04:52:15
90	1734	Marion Tuin	Groningen	W24	NED	00:33:05	155	01:10:06	01:24:05	02:34:11	115	03:11:27	111	00:31:57	00:32:42	00:33:12	01:37:50	94	04:52:27
91	1315	Rémi Jansen	Zeevolde	M40	NED	00:38:12	415	01:07:38	01:22:20	02:29:57	62	03:12:22	121	00:30:23	00:31:19	00:33:50	01:35:31	70	04:52:35
92	1234	Arjan Felix	Almere	M24	NED	00:29:06	32	01:10:04	01:25:00	02:35:03	129	03:06:39	58	00:32:52	00:34:39	00:36:12	01:43:43	196	04:52:45
93	1314	Leon Lankester	Naaldwijk	M40	NED	00:33:13	163	01:05:09	01:21:11	02:26:20	26	03:02:52	35	00:33:43	00:35:41	00:37:46	01:47:09	251	04:52:49
94	1080	Stefan Hendriks	Assendelft	M24	NED	00:35:30	274	01:10:39	01:26:07	02:36:45	164	03:15:41	164	00:31:07	00:31:06	00:32:30	01:34:41	57	04:53:00
95	1365	Lorenzo Mahieu	Harelbeke	M40	BEL	00:35:09	249	01:08:29	01:24:44	02:33:12	102	03:13:06	131	00:31:04	00:31:25	00:32:22	01:34:50	59	04:53:06
96	1374	Stefan Calebout	Knokke-heist	M40	BEL	00:41:03	517	01:07:43	01:21:54	02:29:37	56	03:14:59	148	00:31:13	00:31:37	00:32:13	01:35:02	64	04:53:24
97	1066	Simon Lise	Arnhem	M24	NED	00:32:17	115	01:10:30	01:24:37	02:35:07	131	03:10:39	100	00:31:17	00:33:04	00:35:10	01:39:31	117	04:53:48
98	1070	Tijmen Kooij	Culemborg	M24	NED	00:30:59	78	01:10:54	01:25:09	02:36:03	150	03:10:26	99	00:29:47	00:32:36	00:38:19	01:40:42	144	04:54:02
99	1413	Patrick Smulders	Barendrecht	M40	NED	00:31:40	98	01:11:02	01:25:10	02:36:11	153	03:12:13	119	00:31:30	00:32:22	00:34:57	01:38:48	106	04:54:05
100	1214	Danny Verdoorn	Haarlem	M24	NED	00:33:33	186	01:08:12	01:21:52	02:30:03	64	03:08:35	82	00:31:58	00:33:36	00:35:59	01:41:32	163	04:54:05
101	652	Ulrik Larsen	Copenhagen	M24	DEN	00:33:27	178	01:09:04	01:25:09	02:34:13	116	03:10:59	103	00:31:17	00:33:23	00:35:41	01:40:20	131	04:54:06
102	1024	Andre Puhlmann	Gaspar	M24	BRA	00:31:04	80	01:09:40	01:29:18	02:38:57	202	03:15:14	158	00:33:56	00:30:13	00:31:44	01:35:51	76	04:54:11
103	1486	Jason van der Burgt	Amsterdam	M45	NED	00:33:06	157	01:10:02	01:24:45	02:34:46	123	03:10:53	102	00:31:35	00:32:26	00:35:35	01:39:35	122	04:54:11
104	1056	Marcel Stegers	Gendt	M24	NED	00:31:09	81	01:05:58	01:22:11	02:28:08	40	03:02:29	34	00:31:16	00:35:17	00:42:56	01:49:28	293	04:54:34
105	620	Ruben Bekaert	Lommel	M24	BEL	00:35:38	279	01:08:12	01:25:22	02:33:33	109	03:13:17	133	00:31:31	00:32:11	00:33:16	01:36:57	85	04:54:34
106	1132	Maarten Strijbosch	Maastricht	M24	NED	00:35:03	244	01:04:41	01:19:12	02:23:53	13	03:03:41	41	00:32:26	00:35:14	00:39:29	01:47:08	250	04:54:35
107	1104	Bas Goossens	Borculo	M24	NED	00:38:59	437	01:05:37	01:19:01	02:24:38	16	03:08:58	85	00:33:10	00:34:00	00:35:22	01:42:32	177	04:54:44
108	479	Rogh van der Borgh	Waalre	M40	NED	00:32:03	108	01:08:28	01:24:48	02:33:16	103	03:11:17	107	00:32:16	00:33:40	00:33:40	01:39:35	121	04:55:05
109	1443	Harry van Milligen	Apeldoorn	M45	NED	00:30:16	56	01:09:01	01:23:26	02:32:26	94	03:05:59	50	00:30:56	00:36:16	00:38:49	01:46:01	232	04:55:14
110	1096	Wim van Kippersluis	Hilversum	M24	NED	00:32:27	124	01:11:54	01:23:28	02:35:22	136	03:11:57	116	00:32:32	00:32:44	00:35:07	01:40:22	134	04:55:25
111	1018	Niels De Clerck	Brasschaat	MU24	BEL	00:35:14	255	01:11:07	01:24:33	02:35:39	145	03:17:14	184	00:30:15	00:30:52	00:33:54	01:35:00	62	04:55:51
112	1440	Carles Claramunt	Calella	M45	ESP	00:29:11	36	01:12:34	01:26:02	02:38:36	195	03:12:03	117	00:32:35	00:33:26	00:35:32	01:41:32	162	04:55:57
113	649	Ignace Deckmyn	Lokeren	M50	BEL	00:35:03	240	01:08:20	01:23:18	02:31:37	83	03:11:18	109	00:32:05	00:33:29	00:35:23	01:40:56	147	04:56:16
114	1244	Carlos Feijoo	Amsterdam	M24	ESP	00:32:39	132	01:13:58	01:26:06	02:40:03	219	03:17:18	186	00:31:15	00:31:46	00:33:31	01:36:31	81	04:56:18
115	1422	Rob van Veen	Elsene	M40	NED	00:30:23	62	01:12:03	01:24:35	02:36:37	160	03:11:15	106	00:31:30	00:32:52	00:35:11	01:39:32	119	04:56:20
116	1062	Dennis Coorn	Amersfoort	M24	NED	00:43:15	612	01:08:33	01:23:02	02:31:35	82	03:17:50	195	00:30:39	00:32:05	00:32:55	01:35:38	72	04:56:29
117	1100	Julian Korteschiel	Barendrecht	M24	NED	00:37:12	344	01:07:06	01:22:38	02:29:43	58	03:10:22	98	00:33:43	00:34:04	00:34:45	01:42:31	176	04:56:37
118	1079	Jos Wilbrink	Groningen	M24	NED	00:34:43	223	01:07:50	01:23:54	02:31:44	86	03:10:19	97	00:32:57	00:32:56	00:37:02	01:42:55	183	04:56:40
119	1775	Diana Gorter	Amstelveen	W40	NED	00:31:49	104	01:11:03	01:25:10	02:36:12	154	03:11:41	115	00:32:51	00:33:58	00:35:20	01:42:08	170	04:56:44
120	1206	Filippo Ciavatti	Amsterdam	M24	ITA	00:30:54	76	01:12:39	01:29:24	02:42:02	250	03:16:36	177	00:32:43	00:32:27	00:32:26	01:37:35	92	04:56:44
121	1259	Kai Guenther	Amsterdam	M24	GER	00:37:45	380	01:15:16	01:26:26	02:41:41	247	03:22:44	245	00:30:46	00:30:09	00:30:08	01:31:02	37	04:56:44
122	1052	Thomas Knott																	

131	1479	Peter Dreijling	Kortenhoef	M45	NED	00:35:33	276	01:12:19	01:26:19	02:38:37	196	03:18:18	201	00:30:57	00:32:36	00:33:33	01:37:06	87	04:58:00
132	1183	Dan Vasile	Amsterdam	M24	ROU	00:38:30	424	01:09:48	01:24:13	02:34:01	111	03:16:33	174	00:31:18	00:33:14	00:33:54	01:38:26	99	04:58:00
133	1324	Ferry Oorsprong	Breda	M40	NED	00:37:43	375	01:12:06	01:25:19	02:37:25	178	03:17:50	194	00:31:09	00:32:00	00:34:16	01:37:25	89	04:58:02
134	1654	Bas Pieterse	Zeewolde	M55	NED	00:38:40	428	01:10:30	01:26:06	02:36:36	159	03:18:17	200	00:31:32	00:32:29	00:33:04	01:37:04	86	04:58:05
135	1164	Pim Spijkerman	Utrecht	M24	NED	00:30:00	53	01:12:41	01:25:45	02:38:26	189	03:11:37	112	00:30:33	00:33:19	00:38:11	01:42:03	168	04:58:17
136	1280	Kevin Debruyne	Watou	M24	BEL	00:33:42	194	01:15:21	01:25:20	02:40:40	231	03:17:45	193	00:31:54	00:32:34	00:34:31	01:38:57	108	04:58:51
137	1122	Thomas Boenke	Kalkar	M24	GER	00:31:03	79	01:10:44	01:24:40	02:35:23	138	03:09:19	88	00:33:39	00:35:15	00:37:41	01:46:34	243	04:58:55
138	2018	Daniel Reinhardt	Sankt Wendel	M24	GER	00:37:56	398	01:08:49	01:23:21	02:32:10	92	03:12:48	125	00:33:48	00:33:29	00:34:21	01:41:38	164	04:59:07
139	1753	Sarah Hardy	Spreyton	W24	AUS	00:29:05	30	01:15:04	01:30:25	02:45:28	301	03:17:33	191	00:30:58	00:31:50	00:35:41	01:38:28	101	04:59:20
140	1491	Torsten Pahl	Heidelberg	M45	GER	00:33:49	198	01:08:45	01:22:06	02:30:50	74	03:08:49	84	00:33:52	00:34:36	00:38:59	01:47:27	253	04:59:21
141	1085	Ruud Vos	Almere	M24	NED	00:35:03	242	01:12:34	01:29:05	02:41:38	245	03:20:11	229	00:30:43	00:31:54	00:32:25	01:35:01	63	04:59:25
142	1120	Joey Ubachs	Eindhoven	M24	NED	00:34:30	216	01:11:42	01:25:57	02:37:39	181	03:14:47	144	00:32:18	00:33:27	00:36:08	01:41:53	166	04:59:28
143	1144	Sune Matzen	Horsens	M24	DEN	00:34:21	212	01:10:48	01:26:16	02:37:04	170	03:14:33	142	00:33:30	00:33:47	00:34:02	01:41:18	156	04:59:29
144	1221	Nikolai Haase	Erlangen	M24	GER	00:32:34	130	01:15:38	01:31:07	02:46:44	328	03:22:07	241	00:31:34	00:31:36	00:30:51	01:34:00	52	04:59:46
145	1223	Jordy Kok	Broek In Waterland	M24	NED	00:25:34	4	01:15:16	01:30:15	02:45:30	302	03:15:06	153	00:32:55	00:34:20	00:35:10	01:42:24	174	04:59:51
146	1270	Mark Berkelaar	Almere	M24	NED	00:33:27	177	01:10:28	01:25:02	02:35:30	141	03:13:33	137	00:33:26	00:34:01	00:35:48	01:43:14	190	05:00:04
147	1501	Frank van de Werff	Hoofddorp	M45	NED	00:33:25	176	01:10:13	01:24:05	02:34:17	118	03:11:38	113	00:33:45	00:34:53	00:36:07	01:44:44	212	05:00:08
148	1600	Ernst Woerlee	Heemstede	M50	NED	00:30:30	64	01:11:40	01:27:09	02:38:48	199	03:12:27	124	00:33:00	00:34:45	00:36:15	01:43:59	199	05:00:11
149	1583	Torsten Rohr	Kiel	M50	GER	00:31:59	107	01:10:55	01:25:57	02:36:51	165	03:13:38	138	00:33:15	00:34:23	00:35:35	01:43:12	188	05:00:34
150	1150	Martin Löprrich	Heidelberg	M24	GER	00:33:00	151	01:07:58	01:20:55	02:28:53	51	03:05:08	45	00:35:03	00:36:33	00:41:09	01:52:44	346	05:00:46
151	1534	Robbert Claassen	Naarden	M45	NED	00:43:04	600	01:07:52	01:20:04	02:27:55	38	03:15:57	168	00:32:28	00:33:27	00:35:23	01:41:16	155	05:00:48
152	1312	Mark de Boer	Bussum	M40	NED	00:32:54	144	01:12:17	01:25:28	02:37:45	182	03:16:37	178	00:33:01	00:33:43	00:34:46	01:41:30	159	05:01:27
153	1421	Bart Dirix	Zemst	M40	BEL	00:40:14	491	01:09:26	01:24:01	02:33:27	403	03:19:09	216	00:32:41	00:33:36	00:33:44	01:40:00	127	05:02:12
154	1427	Chris Salvenmoser	Amsterdam	M40	AUT	00:33:47	196	01:11:18	01:26:04	02:37:22	176	03:15:16	159	00:34:50	00:35:18	00:33:51	01:43:58	197	05:02:16
155	1480	Jeroen van Geelen	Hilversum	M45	NED	00:36:44	318	01:10:20	01:25:07	02:35:26	140	03:18:10	199	00:32:00	00:33:17	00:34:30	01:39:46	124	05:02:26
156	1464	John Elbers	Angeren	M45	NED	00:31:13	83	01:10:17	01:25:38	02:35:55	149	03:12:15	120	00:33:31	00:35:35	00:37:09	01:46:14	235	05:02:34
157	1302	Bert Fuhler	Klazienaveen	M40	NED	00:31:14	85			02:36:58	166	03:11:40	114	00:34:24	00:36:21	00:37:18	01:48:02	270	05:02:37
158	1055	Ed Went	Sassenheim	M24	NED	00:30:45	73	01:13:51	01:28:19	02:42:10	253	03:17:00	181	00:33:52	00:34:13	00:34:41	01:42:45	181	05:02:53
159	1278	Marcos Eloi Lima	Overijse	M24	BRA	00:39:01	439	01:10:06	01:26:10	02:36:15	156	03:18:44	211	00:33:33	00:34:10	00:33:07	01:40:49	146	05:03:01
160	1740	Sandie Themsen	Horsens	W24	DEN	00:35:39	280	01:12:59	01:27:13	02:40:12	221	03:19:38	223	00:33:41	00:33:00	00:33:51	01:40:30	136	05:03:03
161	1294	Jeroen van den Berg	Almere	M24	NED	00:32:55	146	01:11:13	01:25:25	02:36:37	161	03:15:02	149	00:33:32	00:34:37	00:36:46	01:44:54	215	05:03:17
162	1608	Roland Wessel	Amsterdam	M50	NED	00:36:07	301	01:17:12	01:31:17	02:48:28	363	03:27:36	301	00:28:59	00:30:36	00:32:48	01:32:22	42	05:03:22
163	1590	Jean-pierre Cuypers	Lommel	M50	BEL	00:37:43	376	01:10:02	01:22:49	02:32:50	98	03:14:55	145	00:33:17	00:34:26	00:37:02	01:44:44	211	05:03:23
164	1451	Paul Lebouille	Almere	M45	NED	00:31:20	88	01:10:48	01:25:16	02:36:03	151	03:10:17	96	00:34:14	00:36:17	00:39:21	01:49:51	300	05:03:48
165	1730	Caroline Berk	Almere	W24	NED	00:36:06	300	01:10:32	01:28:17	02:38:49	200	03:18:38	208	00:32:25	00:34:08	00:36:08	01:42:40	179	05:03:50
166	1408	David Capocci	Trooz	M40	BEL	00:36:49	320	01:09:49	01:24:19	02:34:07	113	03:15:08	155	00:34:17	00:34:47	00:35:55	01:44:58	216	05:04:09
167	1002	Thomas Bennis	Almere	MU24	NED	00:29:37	43	01:19:16	01:33:12	02:52:27	431	03:24:54	273	00:30:25	00:31:15	00:35:07	01:36:45	83	05:04:13
168	1213	Emrah Ozpeynirci	Amsterdam	M24	NED	00:29:11	37	01:13:23	01:27:44	02:41:07	237	03:13:04	130	00:32:29	00:36:19	00:39:12	01:47:59	269	05:04:17
169	1430	Lieven Laflere	Kortrijk	M40	BEL	00:32:33	129	01:11:45	01:27:38	02:39:22	209	03:16:09	172	00:33:26	00:34:35	00:37:32	01:45:32	224	05:04:19
170	1014	Alexander Wonke	Karben	MU24	GER	00:30:42	71	01:09:55	01:28:31	02:38:26	190	03:12:11	118	00:33:43	00:34:58	00:39:45	01:48:25	276	05:04:25
171	1254	Ilje van der Ploeg	Amsterdam	M24	NED	00:32:23	119	01:15:17	01:30:29	02:45:45	307	03:22:51	250	00:31:48	00:33:00	00:33:52	01:38:38	104	05:04:36
172	1033	Stef Zwitser	Voorhout	M24	NED	00:34:31	218	01:09:47	01:26:03	02:35:49	146	03:13:19	134	00:33:28	00:36:17	00:38:33	01:48:17	273	05:04:56
173	1746	Janien Lubben	Emmen	W24	NED	00:36:57	327	01:10:41	01:26:18	02:36:59	167	03:17:59	197	00:33:30	00:35:05	00:35:50	01:44:24	205	05:05:17
174	1076	Michael Gries	Wunstorf	M24	GER	00:36:01	292	01:15:37	01:30:18	02:45:54	310	03:26:41	292	00:29:09	00:31:47	00:32:59	01:33:54	51	05:05:19
175	1729	Danielle Riem	Lent	W24	NED	00:32:25	122	01:13:54	01:26:33	02:40:26	228	03:15:22	161	00:34:06	00:34:39	00:39:18	01:48:02	271	05:06:01
176	1378	Mario Wynants	Stekene	M40	BEL	00:34:46	227	01:09:45	01:25:16	02:35:01	127	03:13:44	140	00:32:22	00:36:46	00:40:08	01:49:15	290	05:06:31
177	1539	Willibrord Vos	Hilversum	M50	NED	00:32:23	120	01:16:03	01:29:46	02:45:49	309	03:23:09	253	00:32:33	00:33:30	00:34:32	01:40:34	140	05:06:59
178	1118	Maurice Bizino	Den Haag	M24	NED	00:32:13	112	01:12:56	01:27:57	02:40:53	232	03:17:07	182	00:34:03	00:34:59	00:35:52	01:44:53	214	05:06:59
179	1008	Joël Cox	Zwolle	MU24	NED	00:33:32	182	01:11:00	01:26:23	02:37:23	177	03:17:19	187	00:32:02	00:33:46	00:40:01	01:45:48	229	05:07:18
180	1006	Rutger van der Staak	Westervoort	MU24	NED	00:35:06	246	01:11:38	01:27:28	02:39:05	204	03:19:31	222	00:33:07	00:34:51	00:36:44	01:44:41	210	05:07:23
181	1113	Sjoerd Plantinga	Leeuwarden	M24	NED	00:43:02	599	01:09:48	01:23:31	02:33:19	105	03:21:20	237	00:31:56	00:33:17	00:35:23	01:40:35	141	05:07:29
182	1320	Christophe Raes	Oekene	M40	BEL	00:33:24	175	01:11:45	01:25:19	02:37:04	169	03:16:35	175	00:33:17	00:36:26	00:37:47	01:47:30	254	05:07:34
183	1516	Jaap van der Kamp	Almere	M45	NED	00:34:09	207	01:13:51	01:27:12	02:41:02	235	03:19:23	219	00:33:30	00:34:41	00:36:50	01:45:00	217	05:07:38
184	1481	Pieter Aldring	Delft	M45	NED	00:36:38	315	01:06:37	01:23:08	02:29:45	59	03:09:52	91	00:34:55	00:37:11	00:41:53	01:53:58	365	05:07:46
185	1271	Rob Koelwijjn	Almere	M24	NED	00:34:44	225	01:13:00	01:26:57	02:39:57	216	03:17:54	196	00:32:20	00:36:03	00:38:07	01:46:29	241	05:07:46
186	1765	Leonie Verstegen	Heemstede	W40	NED	00:31:28	93	01:16:25	01:31:55	02:48:20	360	03:24:33	264	00:31:36	00:33:09	00:35:37	01:40:21	133	05:07:54
187	1758	Annemiek Veenkamp	Zeewolde	W40	NED	00:38:22	422	01:10:01	01:24:14	02:34:14	117	03:15:47	165	00:34:05	00:36:27	00:38:39	01:49:11	288	05:08:00
188	1721	Anna Mersmann	Amsterdam	W24	GER	00:37:10	339	01:14:15	01:28:28	02:42:42	261	03:23:39	256	00:32:39	00:33:58	00:34:22	01:40:58	148	05

201	1158	Otto Bonaldo Filho	Balneario Camboriú	M24	BRA	00:32:17	116	01:09:45	01:25:37	02:35:22	135	03:13:00	129	00:36:50	00:38:04	00:39:30	01:54:23	367	05:10:20
202	1478	Rene Dreijling	Almere	M45	NED	00:33:32	183	01:14:43	01:26:24	02:41:07	236	03:18:21	202	00:31:29	00:35:13	00:42:54	01:49:34	297	05:10:31
203	1029	Jody Schinkel	Benschop	M24	NED	00:33:32	184	01:10:51	01:27:03	02:37:53	184	03:16:10	173	00:34:20	00:36:40	00:38:34	01:49:34	296	05:10:35
204	1094	Stan Vanmarcke	Wingene	M24	BEL	00:36:21	307	01:06:10	01:22:18	02:28:27	46	03:09:00	86	00:34:59	00:40:46	00:42:30	01:58:13	426	05:10:47
205	1615	Roby Schoenmaekers	Wilrijk	M50	BEL	00:37:34	363	01:14:59	01:27:37	02:42:35	259	03:24:43	267	00:33:10	00:33:24	00:36:36	01:43:10	187	05:10:58
206	1529	Steven Bruyneel	Wilrijk	M45	BEL	00:33:33	185	01:16:32	01:31:57	02:48:28	365	03:26:36	290	00:32:15	00:34:02	00:35:14	01:41:30	160	05:11:10
207	1540	Dolf Albertz	Voorhout	M50	NED	00:33:03	152	01:13:14	01:28:11	02:41:24	241	03:19:03	215	00:33:37	00:35:57	00:39:52	01:49:24	292	05:11:23
208	1262	Wouter Baljet	Monnickendam	M24	NED	00:46:24	675	01:10:52	01:27:41	02:38:32	192	03:28:50	319	00:30:48	00:32:29	00:35:56	01:39:12	113	05:11:49
209	1284	Dennis van der Kleij	Delfgauw	M24	NED	00:37:58	404	01:10:39	01:25:14	02:35:52	148	03:18:23	203	00:34:49	00:36:57	00:38:43	01:50:28	316	05:11:51
210	1466	Marcel Meulendijks	America	M45	NED	00:44:34	646	01:15:29	01:29:09	02:44:37	291	03:32:51	385	00:31:25	00:31:23	00:32:34	01:35:20	66	05:11:56
211	1780	Tony Seen	Groede	M45	NED	00:36:56	326	01:06:48	01:21:21	02:28:08	39	03:08:03	77	00:37:59	00:40:17	00:42:58	02:01:14	467	05:11:57
212	1060	Fedor Exmann	Haarlem	M24	NED	00:35:53	288	01:11:07	01:27:39	02:38:46	198	03:18:37	207	00:34:53	00:36:24	00:38:58	01:50:14	310	05:11:57
213	1001	Olmo de Fouw	Eindhoven	MU24	NED	00:34:02	206	01:08:09	01:22:54	02:31:03	76	03:08:41	83	00:37:40	00:40:28	00:41:43	01:59:50	447	05:12:08
214	1173	Mark van de Weijer	Geldrop	M24	NED	00:32:30	126	01:12:58	01:27:17	02:40:15	222	03:17:20	188	00:32:01	00:38:22	00:40:43	01:51:05	324	05:12:28
215	1343	Stefan Peeters	Wilrijk	M40	BEL	00:33:15	166	01:15:57	01:31:02	02:46:58	336	03:25:43	279	00:33:44	00:32:38	00:34:54	01:41:16	154	05:12:31
216	1616	Peter Magill	Virum	M50	DEN	00:38:09	413	01:12:08	01:27:04	02:39:12	207	03:22:46	246	00:34:08	00:35:26	00:36:57	01:46:30	242	05:12:32
217	1506	Martin Kleinjan	Rotterdam	M45	NED	00:42:15	572	01:13:53	01:33:25	02:47:17	345	03:37:05	432	00:29:44	00:30:09	00:30:29	01:30:22	31	05:12:33
218	1335	Andreas Meyer	Kleve	M40	GER	00:39:11	446	01:09:40	01:24:43	02:34:22	119	03:17:14	185	00:35:31	00:37:22	00:39:36	01:52:28	342	05:12:42
219	1453	Stephan van de Vossenber	Oss	M45	NED	00:35:28	268	01:19:07	01:30:43	02:49:49	383	03:29:10	324	00:31:13	00:33:55	00:34:08	01:39:16	114	05:12:47
220	1285	Andrew Fussell	Enschede	M24	NZL	00:30:41	70	01:17:28	01:30:57	02:48:24	361	03:24:52	271	00:33:33	00:34:51	00:36:12	01:44:36	208	05:12:49
221	1082	John Volk	Krimpen Aan De Lek	M24	NED	00:37:35	365	01:15:06	01:28:37	02:43:43	276	03:25:45	280	00:31:36	00:32:47	00:37:46	01:42:08	171	05:13:02
222	1083	Sander Bon	Lelystad	M24	NED	00:31:38	97	01:08:56	01:26:41	02:35:36	143	03:10:08	94	00:36:03	00:38:50	00:45:02	01:59:54	449	05:13:03
223	1520	Kenneth Dirkzwager	Huizen	M45	NED	00:33:05	156	01:11:56	01:28:27	02:40:23	226	03:17:32	190	00:36:28	00:37:26	00:38:13	01:52:06	338	05:13:04
224	1190	Igor Jansen	Barendrecht	M24	NED	00:32:55	147	01:17:45	01:34:00	02:51:44	425	03:30:00	337	00:32:45	00:33:35	00:32:43	01:39:02	111	05:13:21
225	1337	Maurice Hollander	Lekkerkerk	M40	NED	00:37:31	361	01:13:16	01:26:42	02:39:57	217	03:23:16	255	00:36:43	00:34:09	00:34:42	01:45:33	226	05:13:22
226	1517	Jonathan Overment	Mosborough	M45	GBR	00:32:32	128	01:11:41	01:28:07	02:39:47	215	03:17:30	189	00:35:31	00:37:22	00:39:57	01:52:49	349	05:13:35
227	1437	Paul van der Werff	Hoorn	M40	NED	00:37:42	371	01:09:39	01:26:44	02:36:23	157	03:18:27	206	00:35:47	00:36:57	00:38:05	01:50:48	320	05:13:49
228	269	Stefan Heidl	Laer	M40	GER	00:32:46	136	01:08:14	01:23:45	02:31:58	89	03:12:22	122	00:37:12	00:40:11	00:39:22	01:56:44	403	05:13:55
229	1579	László Böröcz	Keszthely	M50	HUN	00:32:24	121	01:12:28	01:30:49	02:43:17	266	03:21:06	234	00:35:52	00:36:15	00:36:32	01:48:38	278	05:13:56
230	1145	Anders Christensen	Rønne	M24	DEN	00:39:40	472	01:05:45	01:23:30	02:29:15	55	03:13:59	141	00:34:36	00:39:05	00:43:19	01:56:59	410	05:14:11
231	1792	Ingrid Boot- De Groot	Almere	W45	NED	00:31:40	99	01:16:13	01:33:05	02:49:17	371	03:24:23	262	00:35:00	00:35:27	00:36:27	01:46:53	247	05:14:33
232	2118	Richard de Haan	Essen	M55	NED	00:31:09	82	01:11:50	01:27:26	02:39:15	208	03:14:56	146	00:37:12	00:38:10	00:40:44	01:56:05	394	05:14:34
233	1509	Rody Schiffer	Haarlem	M45	NED	00:34:54	232	01:15:01	01:29:53	02:44:53	295	03:25:23	276	00:34:58	00:34:45	00:35:45	01:45:26	223	05:14:44
234	1181	Gijs van der Zijden	Almere	M24	NED	00:36:13	304	01:15:07	01:29:12	02:44:19	286	03:26:00	282	00:34:55	00:35:08	00:34:51	01:44:52	213	05:14:54
235	1197	Simon Van Loon	Kasterlee	M24	BEL	00:37:46	382	01:14:48	01:30:07	02:44:54	296	03:27:35	300	00:34:08	00:34:35	00:35:35	01:44:17	203	05:14:58
236	1279	Stefaan de Weggheleire	Brakel	M24	BEL	00:39:22	455	01:10:26	01:26:50	02:37:15	172	03:21:14	235	00:34:30	00:35:36	00:38:39	01:48:44	279	05:15:01
237	1229	Wouter Burger	Den Haag	M24	NED	00:45:08	657	01:09:27	01:27:16	02:36:43	163	03:30:20	343	00:32:36	00:33:05	00:33:53	01:39:33	120	05:15:02
238	1030	Maikel van Niftrik	Culemborg	M24	NED	00:41:35	542	01:11:59	01:27:01	02:39:00	203	03:24:54	272	00:33:19	00:34:56	00:38:38	01:46:52	246	05:15:05
239	1778	Albert Rosendahl	Hengelo	M50	NED	00:33:41	193	01:13:29	01:26:39	02:40:08	220	03:18:24	204	00:36:28	00:37:31	00:39:45	01:53:43	359	05:15:16
240	1768	Elly Verhoeven	Lommel	W40	BEL	00:35:07	248	01:17:43	01:33:20	02:51:03	413	03:30:24	344	00:31:55	00:33:31	00:36:05	01:41:31	161	05:15:17
241	1174	Michel van Hirtum	Enschede	M24	NED	00:31:37	96	01:13:05	01:30:21	02:43:25	271	03:19:23	220	00:35:38	00:36:26	00:40:32	01:52:35	344	05:15:20
242	1261	Joris Reijmer	Amsterdam	M24	NED	00:35:55	289	01:16:37	01:27:48	02:44:24	288	03:26:46	293	00:32:22	00:34:15	00:37:39	01:44:15	201	05:15:26
243	1782	Yvette van Wegen	Almere	W45	NED	00:45:37	667	01:14:08	01:27:20	02:41:27	242	03:31:25	362	00:32:57	00:33:22	00:34:49	01:41:06	150	05:15:26
244	1142	David Cruts	Herk-de-stad	M24	BEL	00:33:36	187	01:14:33	01:27:40	02:42:12	255	03:19:44	224	00:37:10	00:36:56	00:38:38	01:52:44	345	05:15:27
245	1091	Tim Schravemade	Utrecht	M24	NED	00:43:45	628	01:11:49	01:25:39	02:37:28	179	03:26:17	285	00:34:02	00:35:16	00:36:27	01:45:44	228	05:15:28
246	1396	Chrstian Buddemeyer	Steinfurt	M40	GER	00:35:44	283	01:08:20	01:26:30	02:34:49	124	03:14:41	143	00:37:50	00:39:30	00:40:56	01:58:15	427	05:15:28
247	1560	Valter Turchet	Pordenone	M50	ITA	00:32:43	134	01:14:06	01:28:06	02:42:12	254	03:19:30	221	00:34:26	00:35:28	00:40:23	01:50:16	312	05:15:41
248	1701	Franciska Schutter	Groningen	WU24	NED	00:35:50	285	01:14:55	01:31:40	02:46:34	322	03:25:38	278	00:34:01	00:35:26	00:38:20	01:47:46	257	05:15:48
249	1194	Fries Carton	Amstelveen	M24	BEL	00:37:11	340	01:12:37	01:29:52	02:42:29	258	03:26:05	283	00:33:15	00:36:08	00:36:19	01:45:41	227	05:15:53
250	1548	Bert Vrieze	Zelhem	M50	NED	00:33:39	191	01:08:41	01:25:26	02:34:06	112	03:12:54	127	00:38:20	00:40:34	00:39:52	01:58:45	433	05:16:20
251	1762	Anne-marie van Rens	Heemstede	W40	NED	00:38:11	414	01:13:31	01:28:49	02:42:19	256	03:24:28	263	00:34:59	00:36:44	00:37:33	01:49:15	289	05:16:22
252	1354	Bart de Vries	Amstelveen	M40	NED	00:37:04	335	01:14:19	01:29:53	02:44:11	284	03:26:13	284	00:33:42	00:35:20	00:37:40	01:46:42	245	05:16:23
253	1153	Henry Damien	Ath	M24	BEL	00:37:43	374	01:18:20	01:32:47	02:51:07	415	03:34:24	402	00:32:11	00:32:12	00:33:53	01:38:14	97	05:16:24
254	1498	Niels Thomsen	Horsens	M45	DEN	00:41:56	556	01:11:55	01:26:06	02:38:00	186	03:25:06	275	00:33:38	00:35:42	00:38:35	01:47:54	266	05:16:29
255	1565	Holger Meihnsner	Altenholz	M50	GER	00:40:08	488	01:20:14	01:37:21	02:57:34	505	03:42:49	489	00:29:34	00:30:09	00:31:03	01:30:45	35	05:16:53
256	1044	Bjorn Hanegraaf	Oss	M24	NED	00:39:40	471	01:12:55	01:28:25	02:41:19	239	03:26:21	286	00:32:19	00:36:22	00:36:23	01:45:04	219	05:16:54
257	1143	Bjorn Oortman	Utrecht	M24	NED	00:37:53	391	01:06:18	01:25:33	02:31:50	87	03:16:03	171	00:36:15	00:39:20	00:42:17	01:57:51	418	05:17:01
258	1081	Bjorn Weijts	Zeege	M24	NED	00:37:06	336	01:11:38	01:26:57	02:38:34	194	03:21:2							

267	1047	Peter De Keer	Landgem	M24	BEL	00:27:12	19	01:15:21	01:31:00	02:46:21	319	03:16:46	180	00:37:21	00:37:50	00:43:31	01:58:41	431	05:18:05
268	2017	Gerben Aarnoudse	Utrecht	M24	NED	00:39:07	444	01:11:30	01:27:12	02:38:41	197	03:22:06	240	00:35:18	00:36:35	00:39:21	01:51:14	326	05:18:16
269	1068	Håkan Haddas	Amsterdam	M24	FIN	00:37:02	332	01:17:56	01:33:29	02:51:24	418	03:32:08	376	00:33:46	00:34:29	00:34:20	01:42:34	178	05:18:19
270	1749	Franziska Brey	Höchstadt/a.	W24	GER	00:26:51	16	01:18:30	01:30:06	02:48:36	368	03:18:39	209	00:38:52	00:39:01	00:37:55	01:55:48	390	05:18:21
271	1591	Ib Therkelsen	Horsns	M50	DEN	00:40:42	498	01:13:37	01:28:04	02:41:40	246	03:27:33	299	00:34:53	00:35:32	00:37:26	01:47:50	261	05:18:27
272	1053	Frank Groenewoud	Bussum	M24	NED	00:39:46	475	01:14:45	01:33:44	02:48:28	362	03:31:34	365	00:33:15	00:35:00	00:35:44	01:43:58	198	05:18:29
273	1140	Niek Meesters	Amsterdam	M24	NED	00:39:41	473	01:14:57	01:29:52	02:44:48	294	03:29:39	334	00:34:10	00:34:32	00:35:48	01:44:29	206	05:18:33
274	1224	Charles Smeets	Maastricht	M24	NED	00:35:53	287	01:18:49	01:30:40	02:49:29	378	03:30:18	342	00:33:48	00:34:07	00:35:12	01:43:07	184	05:18:36
275	1123	Jens-hermann Laker	Diepholz	M24	GER	00:37:52	389	01:12:50	01:26:37	02:39:27	210	03:23:40	258	00:33:40	00:35:40	00:42:14	01:51:34	329	05:18:43
276	1299	Johan Roos	Katwoude	M24	NED	00:26:13	8	01:08:37	01:22:30	02:31:07	78	03:00:11	24	00:37:21	00:45:42	00:51:14	02:14:17	628	05:18:43
277	1541	Stephan Fabig	Langenhagen	M50	GER	00:37:23	352	01:14:11	01:29:46	02:43:56	279	03:25:06	274	00:34:01	00:36:50	00:38:16	01:49:06	287	05:18:52
278	1717	Daniëlle Vermeulen	Utrecht	W24	NED	00:27:57	21	01:19:58	01:38:17	02:58:15	511	03:28:43	315	00:34:02	00:35:54	00:37:56	01:47:51	262	05:19:19
279	1065	Marc Fuchtenhans	Darmstadt	M24	GER	00:36:05	298	01:06:55	01:24:04	02:30:58	75	03:10:53	101	00:37:50	00:42:11	00:45:44	02:05:44	532	05:19:21
280	1316	Michel van Breugel	Hilversum	M40	NED	00:35:23	262	01:16:45	01:32:57	02:49:42	382	03:29:53	336	00:33:07	00:34:57	00:37:03	01:45:07	220	05:19:25
281	1825	Franziska Mederer	Darmstadt	W24	GER	00:29:56	50	01:15:09	01:33:06	02:48:15	359	03:20:53	232	00:39:05	00:38:38	00:38:00	01:55:42	388	05:19:44
282	1757	Corina Krijnenburg	Berghem	W40	NED	00:35:29	272	01:18:14	01:35:55	02:54:09	457	03:33:19	388	00:32:01	00:35:00	00:36:39	01:43:39	195	05:19:44
283	1039	Bas van Zaane	Austerlitz	M24	NED	00:36:49	321	01:17:31	01:29:54	02:47:24	348	03:28:13	309	00:35:17	00:35:13	00:37:51	01:48:21	275	05:19:53
284	1784	Dorotheä Vrieze	Zelhem	W45	NED	00:34:46	226	01:19:41	01:35:45	02:55:26	475	03:35:46	418	00:33:40	00:33:13	00:34:23	01:41:15	153	05:20:00
285	1112	Peter Lijten	Wierden	M24	NED	00:37:49	385	01:16:17	01:29:02	02:45:18	299	03:27:01	294	00:35:36	00:37:36	00:36:21	01:49:33	294	05:20:08
286	1127	Jan van Egmond	Willemstad, Curacao	M24	NED	00:37:02	331	01:10:44	01:23:56	02:34:39	122	03:15:12	156	00:36:11	00:41:40	00:44:21	02:02:12	481	05:20:17
287	1630	Hans de Groot	Uithoorn	M55	NED	00:35:15	257	01:15:38	01:30:23	02:46:01	311	03:25:25	277	00:35:47	00:37:16	00:38:16	01:51:18	328	05:20:20
288	1356	Martijn Janssen	Boskoop	M40	NED	00:37:27	356	01:12:54	01:26:14	02:39:08	206	03:21:02	233	00:36:59	00:38:40	00:40:47	01:56:25	398	05:20:30
289	1352	Marc van Alst	Arnhem	M40	NED	00:36:45	319	01:11:35	01:28:25	02:40:00	218	03:20:44	230	00:38:46	00:38:32	00:39:01	01:56:18	397	05:20:36
290	1196	Jens Sønderby	Horsens	M24	DEN	00:37:12	342	01:17:00	01:29:54	02:46:54	333	03:28:18	310	00:36:05	00:35:52	00:36:52	01:48:48	280	05:20:49
291	1521	Bart Remmers	Amsterdam	M45	NED	00:36:52	323	01:14:41	01:31:25	02:46:06	314	03:27:50	306	00:33:59	00:36:35	00:37:20	01:47:53	264	05:20:54
292	1293	Eugénio De Oliveira	GoIânia	M24	BRA	00:37:51	388	01:19:49	01:34:30	02:54:19	460	03:37:11	436	00:31:40	00:32:23	00:35:16	01:39:18	115	05:20:54
293	1046	Bart Hubreght	Sijsele	M24	BEL	00:42:39	586	01:17:04	01:33:26	02:50:29	402	03:37:48	444	00:32:27	00:32:39	00:34:58	01:40:03	128	05:21:20
294	1502	Marc Hoet	Boeichout	M45	BEL	00:32:16	114	01:17:53	01:30:17	02:48:10	358	03:23:57	261	00:35:59	00:37:20	00:41:10	01:54:28	369	05:21:52
295	1462	Jos Jansen	Loosdrecht	M45	NED	00:33:31	179	01:15:01	01:28:30	02:43:31	274	03:20:45	231	00:38:10	00:37:44	00:40:59	01:56:52	407	05:22:01
296	1275	Silvere Mantz	Amsterdam	M24	FRA	00:36:37	313	01:19:23	01:36:29	02:55:51	482	03:40:43	471	00:32:19	00:31:54	00:31:33	01:35:46	74	05:22:08
297	1135	Hein Pattyn	Izegem	M24	BEL	00:41:28	538	01:13:03	01:29:01	02:42:04	251	03:30:02	338	00:36:26	00:35:11	00:36:13	01:47:49	259	05:22:18
298	1465	Wilfred Frederiks	Almere	M45	NED	00:33:37	189	01:14:24	01:27:07	02:41:31	244	03:19:17	217	00:38:36	00:38:30	00:40:59	01:58:04	423	05:22:44
299	1493	Hans-gerd Vousten	Straelen	M45	GER	00:37:45	379	01:13:32	01:31:27	02:44:59	297	03:27:13	295	00:34:37	00:36:49	00:40:13	01:51:39	331	05:22:59
300	1189	David Morgans	Barendrechg	M24	GBR	00:34:56	235	01:16:12	01:32:16	02:48:28	364	03:29:30	332	00:34:28	00:36:14	00:39:06	01:49:47	299	05:23:05
301	1605	Ronald van der Graaf	Brielle	M50	NED	00:37:17	348	01:17:44	01:35:39	02:53:23	448	03:34:37	406	00:32:43	00:34:47	00:37:11	01:44:39	209	05:23:06
302	1527	Iain Direasen	Bad Lipspringe	M45	GBR	00:33:09	159	01:18:25	01:34:39	02:53:04	443	03:30:36	349	00:35:09	00:36:20	00:38:04	01:49:33	295	05:23:12
303	1119	Vincent Andreas	Utrecht	M24	NED	00:33:00	150	01:11:55	01:26:10	02:38:05	187	03:14:58	147	00:41:01	00:41:08	00:43:08	02:05:16	518	05:23:43
304	1382	Koen Vanhoutte	Gits	M40	BEL	00:38:50	432	01:16:31	01:32:47	02:49:18	372	03:35:10	412	00:33:48	00:34:36	00:36:38	01:45:01	218	05:23:45
305	1504	Jörg Schmidt	Herne	M45	GER	00:42:53	596	01:17:00	01:28:31	02:45:31	303	03:33:52	396	00:34:58	00:35:09	00:36:18	01:46:23	238	05:23:47
306	1117	Philip van Zanten	Zaltbommel	M24	NED	00:37:15	346	01:16:37	01:29:30	02:46:07	315	03:28:57	322	00:34:33	00:36:42	00:39:15	01:50:28	317	05:23:52
307	1219	Frederic Verjans	Neerpelt	M24	BEL	00:37:45	381	01:12:15	01:28:07	02:40:22	224	03:24:44	268	00:35:18	00:37:42	00:40:22	01:53:21	355	05:24:00
308	1364	Thomas Schneider	Altenkirchen	M40	GER	00:44:06	637	01:13:29	01:27:56	02:41:24	240	03:29:38	333	00:34:42	00:36:45	00:38:55	01:50:21	314	05:24:05
309	1500	Paul van den Heuvel	Oss	M45	NED	00:30:06	55	01:17:28	01:31:55	02:49:23	375	03:24:36	265	00:32:47	00:36:11	00:47:06	01:56:03	392	05:24:07
310	1210	Frank Franken	Almere	M24	NED	00:42:14	571	01:14:45	01:32:27	02:47:11	343	03:34:17	400	00:35:14	00:35:00	00:36:13	01:46:25	239	05:24:21
311	1013	Raymond Lozekoot	Almere	MU24	NED	00:39:39	469	01:17:14	01:31:27	02:48:40	369	03:32:49	384	00:32:41	00:35:48	00:39:28	01:47:55	267	05:24:38
312	1460	Henk Jansen	Putten	M45	NED	00:38:05	409	01:19:38	01:32:23	02:52:00	428	03:36:00	421	00:34:17	00:34:39	00:36:56	01:45:50	231	05:24:38
313	1475	Wim Koopmans	Antwerpen	M45	BEL	00:33:23	174	01:18:50	01:31:20	02:50:09	393	03:29:22	327	00:37:07	00:36:26	00:36:31	01:50:03	307	05:24:39
314	1350	Klaas-jan Spek	Zaltbommel	M40	NED	00:35:24	264	01:16:29	01:33:00	02:49:29	377	03:29:28	331	00:34:19	00:37:05	00:40:18	01:51:41	332	05:24:46
315	1373	Eelco Noort	Kerkwijk	M40	NED	00:41:23	532	01:13:00	01:29:51	02:42:51	262	03:28:45	316	00:34:21	00:37:05	00:40:18	01:51:44	333	05:24:46
316	1435	Robert Ma'ecki	Warsaw	M40	POL	00:28:54	23	01:22:36	01:33:03	02:55:39	476	03:30:47	353	00:35:06	00:35:25	00:38:50	01:49:20	291	05:24:52
317	1617	Frank De Bree	Damme	M50	BEL	00:42:11	566	01:17:29	01:33:09	02:50:38	406	03:37:26	441	00:32:32	00:33:58	00:36:37	01:43:07	185	05:25:05
318	1415	Stefan Thielen	Bochum	M40	GER	00:31:51	106	01:21:02	01:34:55	02:55:57	483	03:32:36	381	00:33:52	00:36:03	00:39:04	01:48:58	283	05:25:08
319	1297	Vincent Bonninga	IJmuiden	M24	NED	00:35:36	278	01:18:44	01:32:18	02:51:01	412	03:32:03	375	00:35:59	00:36:24	00:36:09	01:48:30	277	05:25:11
320	1198	Manu Vandecasteele	Koksijde	M24	BEL	00:37:55	394	01:17:27	01:33:28	02:50:55	410	03:34:21	401	00:35:06	00:35:02	00:36:20	01:46:27	240	05:25:23
321	1184	Dominique van Uden	Nijmegen	M24	NED	00:36:52	325	01:20:55	01:36:22	02:57:17	502	03:40:33	470	00:33:37	00:33:26	00:33:18	01:40:20	132	05:25:24
322	1489	Geert-jan Krujff	Blieskastel	M45	NED	00:40:47	503	01:18:47	01:31:16	02:50:03	390	03:38:46	450	00:31:51	00:34:20	00:35:42	01:41:52	165	05:25:45
323	1829	Fritz Hakes	Krefeld	M24	GER	00:32:08	111	01:13:35	01:31:11	02:44:46	292	03:20:08	228	00:39:44	00:40:52	00:41:24	02:02:00	478	05:25:50
324	389	Philippe Moonen	Brugge (sint-andries)	M50	BEL	00:39:03	441	01:15:38	01:31:12	02:46									

334	1239	Jurgen Schreuder	Bussum	M24	NED	00:30:39	67	01:12:52	01:26:50	02:39:41	213	03:15:39	163	00:40:58	00:42:16	00:45:18	02:08:31	578	05:27:27
335	1236	Twan Baars	Haarlem	M24	NED	00:41:57	558	01:20:01	01:35:13	02:55:14	469	03:42:21	484	00:33:50	00:33:56	00:33:23	01:41:08	151	05:27:28
336	1490	Mario Coryn	Oosteeklo	M45	BEL	00:39:51	479	01:18:21	01:33:06	02:51:27	421	03:37:33	442	00:33:54	00:35:09	00:36:19	01:45:21	221	05:27:38
337	1550	Marcel Heijmans	Berghem	M50	NED	00:39:27	462	01:15:45	01:30:20	02:46:04	312	03:29:44	335	00:35:13	00:37:45	00:40:57	01:53:55	364	05:28:01
338	1042	Erwin Schuit	Uithoorn	M24	NED	00:39:13	448	01:14:59	01:31:44	02:46:42	326	03:30:58	355	00:35:39	00:37:10	00:40:32	01:53:21	356	05:28:14
339	1431	Ronny Geleyn	Verrebroek	M40	BEL	00:39:23	456	01:18:12	01:31:43	02:49:54	385	03:34:30	404	00:33:50	00:36:37	00:39:46	01:50:12	308	05:28:22
340	1166	Artemii Semenov	St.petersburg	M24	RUS	00:42:07	563	01:18:24	01:37:21	02:55:45	480	03:43:48	496	00:31:50	00:33:27	00:34:38	01:39:54	126	05:28:23
341	1566	Andrew Eaton	Polegate	M50	GBR	00:31:17	87	01:20:02	01:38:35	02:58:36	516	03:35:36	417	00:32:45	00:35:44	00:38:43	01:47:11	252	05:28:32
342	1087	Steven De Leeuw	Iddergem	M24	BEL	00:43:53	632	01:14:15	01:28:10	02:42:25	267	03:30:25	345	00:36:32	00:37:56	00:40:30	01:54:57	378	05:28:36
343	1178	Kenny Lannoy	Knokke-heist	M24	BEL	00:48:30	695	01:19:23	01:35:27	02:54:50	455	03:49:56	569	00:31:04	00:31:18	00:32:23	01:34:44	58	05:28:55
344	1512	Harrie Lantinga	Wijk Bij Duurstede	M45	NED	00:41:22	531	01:17:47	01:31:46	02:49:33	379	03:35:59	420	00:34:41	00:36:23	00:38:57	01:50:00	304	05:28:58
345	1467	Arnout de Vries	Lelystad	M45	NED	00:35:31	275	01:15:44	01:32:47	02:48:31	366	03:29:27	330	00:34:57	00:36:47	00:41:38	01:53:20	353	05:29:02
346	1447	Frank Wandel	Oosterbeek	M45	NED	00:41:49	552	01:18:04	01:33:23	02:51:26	420	03:38:22	448	00:34:19	00:35:12	00:37:29	01:46:59	248	05:29:07
347	1266	Rob van Eldik	Rosmalen	M24	NED	00:37:28	358	01:20:27	01:33:27	02:53:53	453	03:37:17	438	00:33:05	00:36:13	00:38:16	01:47:32	255	05:29:07
348	1395	Nando Rensen	Den Haag	M40	NED	00:36:51	322	01:18:37	01:28:43	02:47:20	346	03:34:38	407	00:32:55	00:38:40	00:38:26	01:50:00	302	05:29:25
349	1258	Stanley Puijk	Hilversum	M24	NED	00:32:50	139	01:13:09	01:30:12	02:43:21	268	03:21:16	236	00:39:06	00:39:45	00:45:17	02:04:07	503	05:29:32
350	1634	Michel Mulder	Zwaag	M55	NED	00:34:17	210	01:13:00	01:29:43	02:42:42	260	03:22:31	244	00:38:18	00:40:48	00:43:59	02:03:05	495	05:29:46
351	1329	Johan van Geijl	Barendrecht	M40	NED	00:45:20	663	01:13:21	01:30:39	02:44:00	280	03:34:25	403	00:35:57	00:36:46	00:38:36	01:51:18	327	05:29:55
352	1399	Filipe Pocas	Rotterdam	M40	POR	00:35:01	238	01:16:30	01:30:26	02:46:56	335	03:28:31	312	00:35:24	00:38:37	00:42:56	01:56:56	409	05:30:03
353	1611	Phil Terry	St Clements	M50	GBR	00:40:07	487	01:17:20	01:30:32	02:47:52	352	03:31:53	371	00:37:19	00:39:30	00:38:06	01:54:54	377	05:30:09
354	1180	Rens Cordes	Diemen	M24	NED	00:38:35	426	01:19:32	01:33:15	02:52:46	437	03:39:38	459	00:34:58	00:35:34	00:35:31	01:46:02	233	05:30:11
355	1088	Tom York	Nottingham	M24	GBR	00:32:44	135	01:16:46	01:39:42	02:56:27	490	03:32:41	382	00:36:31	00:38:06	00:39:08	01:53:44	360	05:30:12
356	1555	Henk Nijman	Haaksbergen	M50	NED	00:32:49	138	01:13:44	01:27:17	02:41:00	234	03:18:26	205	00:40:20	00:43:16	00:44:43	02:08:18	574	05:30:15
357	1586	Johnny Engels	Gemert	M50	NED	00:33:18	169	01:17:53	01:32:55	02:50:47	408	03:28:47	318	00:36:36	00:39:56	00:41:09	01:57:40	416	05:30:32
358	1412	Raphael Staquet	Zoersel	M40	BEL	00:39:45	474	01:16:38	01:30:04	02:46:42	325	03:31:04	356	00:37:34	00:38:39	00:40:41	01:56:53	408	05:30:42
359	1360	Markus Ariaans	Straelen	M40	GER	00:37:28	357	01:16:19	01:36:18	02:52:37	433	03:34:54	410	00:34:54	00:36:08	00:41:04	01:52:04	337	05:30:46
360	1276	Martijn Froom	Amsterdam	M24	NED	00:32:51	140	01:14:51	01:30:52	02:45:42	306	03:23:03	252	00:38:00	00:40:19	00:44:18	02:02:36	487	05:30:51
361	1496	Eric Vis	Alphen Aan Den Rijn	M45	NED	00:38:58	436	01:17:18	01:30:26	02:47:43	350	03:34:04	398	00:37:16	00:37:41	00:37:52	01:52:48	348	05:31:25
362	1628	Paul van der Linden	Berghem	M55	NED	00:34:48	229	01:18:36	01:32:37	02:51:12	416	03:31:55	373	00:38:23	00:38:15	00:39:33	01:56:10	395	05:31:44
363	1389	Colin Robertson	Houghton Le Spring	M40	GBR	00:42:32	582	01:15:17	01:31:18	02:46:35	323	03:33:05	386	00:35:35	00:38:29	00:40:35	01:54:38	371	05:31:48
364	1154	Thomas Green	Sheffield	M24	GBR	00:50:25	712	01:23:37	01:35:03	02:58:39	517	03:53:52	599	00:29:43	00:31:39	00:33:05	01:34:26	55	05:31:52
365	1492	Thorsten Schwarz	Aurich	M45	GER	00:33:09	160	01:11:38	01:28:45	02:40:23	225	03:18:03	198	00:37:59	00:43:54	00:48:53	02:10:46	602	05:31:54
366	1207	Kurt Dewulf	Westende	M24	BEL	00:36:15	305	01:07:33	01:24:59	02:32:31	96	03:12:55	128	00:39:01	00:44:24	00:52:06	02:15:30	632	05:32:01
367	1514	Klaas Ypma	Witmarsum	M45	NED	00:41:46	551	01:19:36	01:37:36	02:57:12	499	03:46:01	526	00:32:54	00:33:35	00:34:09	01:40:37	142	05:32:08
368	1483	Gert-jan ten Pierick	Alphen Aan Den Rijn	M45	NED	00:37:40	370	01:16:16	01:29:56	02:46:12	316	03:28:38	314	00:36:38	00:39:28	00:42:44	01:58:50	434	05:32:11
369	1416	Berto Ipremburg	Scherpenzeel	M40	NED	00:40:39	497	01:16:25	01:30:34	02:46:58	337	03:36:18	429	00:39:15	00:34:48	00:36:21	01:50:24	315	05:32:14
370	1732	Amanda Kolijn	Spijkenisse	W24	NED	00:40:49	506	01:18:16	01:32:09	02:50:25	401	03:34:42	409	00:36:07	00:38:35	00:40:01	01:54:41	373	05:32:27
371	1141	Frank Mink	Den Haag	M24	NED	00:44:35	647	01:15:59	01:30:18	02:46:17	317	03:35:18	416	00:35:47	00:37:32	00:40:03	01:53:20	504	05:32:40
372	1073	Nick Jacobs	Den Haag	M24	NED	00:42:07	562	01:08:41	01:27:33	02:36:13	155	03:23:49	260	00:34:22	00:37:41	00:52:25	02:04:26	358	05:32:45
373	1355	Arno Rootsaert	Aardenburg	M40	NED	00:39:27	461	01:12:15	01:27:30	02:39:45	214	03:22:58	251	00:36:08	00:37:56	00:51:46	02:05:50	535	05:32:48
374	1054	Danny Huys	Lissewege	M24	BEL	00:43:16	613	01:12:05	01:28:13	02:40:17	223	03:35:12	413	00:36:46	00:37:26	00:37:57	01:52:08	339	05:32:51
375	1639	Peter Weijers	Alkmaar	M55	NED	00:30:28	63	01:16:38	01:33:00	02:49:37	281	03:24:46	269	00:38:01	00:40:46	00:45:31	02:04:17	505	05:33:07
376	1037	Marten van de Pitte	Almere	M24	NED	00:37:08	338	01:15:01	01:29:29	02:44:30	390	03:27:30	298	00:39:54	00:40:37	00:41:31	02:02:01	479	05:33:07
377	1572	Jim Hagenstein	Weesp	M50	NED	00:47:10	686	01:10:21	01:27:36	02:37:57	185	03:29:15	326	00:39:10	00:40:23	00:41:53	02:01:25	471	05:33:17
378	1004	Michael Meijer	Woerden	MU24	NED	00:33:52	199	01:13:33	01:33:37	02:47:10	342	03:23:42	259	00:36:52	00:42:55	00:45:50	02:05:36	530	05:33:53
379	1130	Berry van Lammeren	Alphen Aan Den Rijn	M24	NED	00:41:49	553	01:20:04	01:36:33	02:56:37	495	03:43:22	494	00:32:57	00:36:12	00:37:13	01:46:22	236	05:33:59
380	1362	Sascha Abendroth	Wachtendonk	M40	GER	00:42:04	560	01:14:17	01:29:23	02:43:40	275	03:31:30	363	00:38:54	00:39:35	00:39:58	01:58:27	428	05:34:08
381	1523	Cees van der Valk	Noordwijkerhout	M45	NED	00:41:46	550	01:19:55	01:36:37	02:56:31	492	03:44:02	499	00:34:28	00:36:11	00:35:29	01:46:08	234	05:34:08
382	1152	Pieter Soete	Vichte	M24	BEL	00:37:39	369	01:16:31	01:30:52	02:47:22	347	03:31:37	367	00:37:42	00:39:35	00:40:48	01:58:04	422	05:34:11
383	1349	Dennis Kunst	Nijntseheerenland	M40	NED	00:34:20	211	01:14:30	01:33:27	02:47:57	355	03:26:29	288	00:37:35	00:41:14	00:45:36	02:04:24	507	05:34:12
384	1248	Philippe Nardella	Paal	M24	BEL	00:40:43	501	01:13:35	01:32:06	02:45:41	305	03:31:13	358	00:33:52	00:41:00	00:44:53	01:59:44	444	05:34:17
385	1099	Dennis Mijer	Zeewolde	M24	NED	00:35:12	252	01:17:30	01:34:43	02:52:13	429	03:31:49	369	00:37:13	00:38:42	00:42:38	01:58:31	429	05:34:27
386	1304	Wim Kruis	Gorinchem	M40	NED	00:41:50	554	01:16:24	01:33:53	02:50:16	394	03:37:18	439	00:35:42	00:38:34	00:39:23	01:53:38	358	05:34:29
387	1513	Erwin Tulleners	Amstelveen	M45	NED	00:41:25	534	01:14:37	01:28:34	02:43:10	265	03:30:44	352	00:39:27	00:39:47	00:39:29	01:58:42	432	05:34:35
388	1553	Bert Hansen	Oostvoorne	M50	NED	00:37:43	373	01:16:44	01:31:21	02:48:04	350	03:30:33	348	00:34:22	00:40:23	00:45:51	02:00:35	460	05:34:46
389	1125	Jasper Eschweiller	Alkmaar	M24	NED	00:43:24	619	01:11:20	01:27:06	02:38:26	191	03:27:43	304	00:37:07	00:40:51	00:43:53	02:01:50	475	05:34:51
390	1188	Michael Groen	Almere	M24	NED	00:39:12	447	01:16:18	01:30:15	02:46:33	321	03:30:55	354	00:38:20	00:38:27	00:43:10	01:59:56	451	05:34:56
391	1813	Martine Rosseel	Knokke-heist	W50	BEL	00:40:44	502	01:19:26	01:35:43	02:55:09									

405	1532	Oscar de Goede	Bilthoven	M45	NED	00:41:19	525	01:17:49	01:31:20	02:49:08	370	03:37:09	433	00:37:33	00:38:29	00:40:29	01:56:29	399	05:37:31
406	648	Charles D'haene	Brussels	M40	BEL	00:33:22	173	01:25:24	01:44:30	03:09:53	634	03:49:23	565	00:34:06	00:34:24	00:35:39	01:44:08	200	05:37:59
407	1305	Dennis Schoonakker	Maasdam	M40	NED	00:38:03	407	01:15:58	01:30:57	02:46:54	334	03:29:25	329	00:38:30	00:41:05	00:44:59	02:04:33	511	05:38:01
408	1641	Lars Møller	Leiden	M55	DEN	00:44:34	645	01:14:16	01:28:40	02:42:56	263	03:32:47	383	00:39:49	00:39:39	00:40:17	01:59:45	445	05:38:05
409	1050	Yannis Chovanetz	Landegem	M24	BEL	00:44:16	640	01:25:39	01:40:08	03:05:47	597	03:54:55	612	00:34:04	00:33:28	00:33:02	01:40:33	137	05:38:19
410	1742	Linda Bogers	Utrecht	W24	NED	00:29:30	42	01:25:32	01:37:18	03:02:50	555	03:36:44	430	00:36:55	00:38:28	00:42:38	01:58:00	420	05:38:23
411	1524	Walter Van Der Vliet	Vianen	M45	NED	00:43:12	611	01:18:14	01:35:27	02:53:40	450	03:44:04	500	00:33:51	00:36:47	00:39:43	01:50:20	313	05:38:41
412	1067	Roy Nicolaas Ponder	Almere	M24	NED	00:34:31	217	01:18:25	01:31:55	02:50:19	398	03:29:22	328	00:37:19	00:43:27	00:45:50	02:06:35	545	05:38:54
413	1238	Roderick Scholtz	Arnhem	M24	NED	00:36:33	312	01:23:03	01:39:19	03:02:22	550	03:45:41	520	00:36:58	00:35:19	00:36:47	01:49:03	285	05:38:56
414	1322	Frank van de Weerd	Ede	M40	NED	00:33:31	180	01:15:54	01:33:41	02:49:34	380	03:29:13	325	00:35:57	00:43:00	00:46:48	02:05:44	531	05:39:03
415	1407	Sebastian Borsje	Beverwijk	M40	NED	00:33:58	204	01:20:03	01:35:16	02:55:19	470	03:36:14	427	00:35:16	00:41:58	00:42:08	01:59:21	439	05:39:04
416	1369	Henk-Jan Benschop	H.i. Ambacht	M40	NED	00:39:21	453	01:17:32	01:32:52	02:50:23	400	03:36:05	422	00:36:41	00:38:31	00:42:19	01:57:31	415	05:39:04
417	1023	Franck Rebello	Porto Alegre	M24	BRA	00:38:20	420	01:18:32	01:37:27	02:55:58	484	03:38:00	445	00:37:39	00:39:53	00:39:07	01:56:38	401	05:39:10
418	1606	Didier Gallee	Bruxelles	M50	BEL	00:36:00	291	01:16:43	01:29:56	02:46:38	324	03:28:25	311	00:36:02	00:39:54	00:48:42	02:04:36	512	05:39:17
419	1092	Ronald Boogaard	Amsterdam	M24	NED	00:29:02	27	01:22:22	01:32:59	02:55:21	472	03:27:28	297	00:38:22	00:41:56	00:47:17	02:07:34	558	05:39:26
420	1089	Torsten Kunkel	Oberthal	M24	GER	00:42:12	569	01:17:03	01:33:38	02:50:40	407	03:37:13	437	00:37:45	00:39:06	00:41:11	01:58:00	421	05:39:39
421	1609	Victor Claessens	Amsterdam	M50	NED	00:38:34	425	01:16:29	01:33:48	02:50:17	395	03:36:10	426	00:37:44	00:39:13	00:39:55	01:56:51	405	05:39:39
422	1791	Greet Allemeersch	Knokke	W45	BEL	00:37:19	350	01:19:47	01:38:32	02:58:19	512	03:39:40	460	00:36:16	00:38:25	00:41:13	01:55:53	391	05:39:40
423	1252	Charles Maurissen	Kraainem	M24	BEL	00:37:24	353	01:24:28	01:41:36	03:06:03	601	03:48:08	545	00:34:03	00:35:17	00:37:48	01:47:07	249	05:39:54
424	1790	Brenda Splinter	Almere	W45	NED	00:43:45	629	01:18:07	01:31:56	02:50:02	389	03:39:03	453	00:35:58	00:39:02	00:40:21	01:55:21	382	05:40:05
425	1241	Daan Hendriks	Utrecht	M24	NED	00:37:45	377	01:13:45	01:29:39	02:43:24	270	03:26:39	291	00:39:56	00:42:14	00:46:57	02:09:06	588	05:40:10
426	1457	Walter Cuypers	Lommel	M45	BEL	00:42:46	590	01:14:40	01:33:18	02:47:57	354	03:37:09	434	00:36:12	00:38:34	00:42:27	01:57:12	412	05:40:11
427	1318	Christian Venmans	Sint Michielsgestel	M40	NED	00:37:55	393	01:14:02	01:33:10	02:47:12	344	03:30:32	347	00:36:51	00:41:21	00:47:05	02:05:15	517	05:40:21
428	1409	Michael Goedhart	Amstelveen	M40	NED	00:37:49	384	01:21:59	01:39:19	03:01:17	538	03:45:50	522	00:35:09	00:36:13	00:37:43	01:49:03	286	05:40:34
429	1809	Frobert van Zijl	Haarlem	M45	NED	00:43:10	609	01:21:07	01:38:10	02:59:16	525	03:48:26	550	00:34:13	00:35:39	00:38:13	01:48:04	272	05:40:40
430	1507	P Wolters	Barendrecht	M45	NED	00:41:24	533	01:19:25	01:33:55	02:53:19	447	03:40:12	467	00:37:37	00:39:31	00:39:06	01:56:13	396	05:40:51
431	1439	Jürgen Mann	Bochum	M40	GER	00:39:52	480	01:19:30	01:39:52	02:59:22	526	03:45:00	513	00:34:08	00:36:07	00:39:48	01:50:02	306	05:40:54
432	1607	Arjen van Iren	Woerden	M50	NED	00:40:43	500	01:22:42	01:41:25	03:04:07	571	03:49:47	567	00:33:52	00:34:59	00:36:43	01:45:32	225	05:41:00
433	1763	Charlotte Ranson	Sint Denijs	W40	BEL	00:36:26	308	01:28:08	01:42:10	03:10:17	637	03:52:14	588	00:35:41	00:34:27	00:35:20	01:45:26	222	05:41:03
434	1592	Paul Heijligers	Eindhoven	M50	NED	00:37:03	333	01:13:24	01:30:54	02:44:18	285	03:28:52	320	00:39:03	00:40:09	00:47:36	02:06:48	550	05:41:17
435	1274	Stephan Geissler	Maintal	M24	GER	00:50:13	710	01:17:29	01:33:36	02:51:05	414	03:48:39	552	00:35:39	00:36:06	00:36:32	01:48:17	274	05:41:18
436	1649	Peter Jülf	Oldenburg	M60	GER	00:41:39	545	01:21:10	01:36:51	02:58:00	509	03:49:17	563	00:33:44	00:35:47	00:36:18	01:45:48	230	05:41:22
437	1428	Andrew Bole	Woodlands	M40	GBR	00:33:14	164	01:21:11	01:35:14	02:56:25	489	03:35:16	415	00:35:58	00:41:00	00:45:24	02:02:21	485	05:41:25
438	1576	Wilco Kleefsman	Almere	M50	NED	00:41:56	557	01:22:12	01:36:38	02:58:50	520	03:48:04	544	00:34:38	00:36:01	00:38:22	01:48:59	284	05:41:28
439	1388	Jean-philippe Daveau	Lille	M40	FRA	00:43:25	620	01:22:26	01:36:02	02:58:27	514	03:50:03	571	00:34:36	00:36:07	00:36:56	01:47:38	256	05:41:29
440	1330	Bart Seijnder	Breda	M40	NED	00:41:27	537	01:16:56	01:34:01	02:50:56	411	03:40:27	468	00:37:20	00:38:18	00:41:12	01:56:50	404	05:41:32
441	1126	Dirk de Jong	Alblasserdam	M24	NED	00:37:45	378	01:18:03	01:36:45	02:54:48	464	03:36:50	431	00:33:54	00:43:13	00:42:49	01:59:56	450	05:41:57
442	1450	Wilco Mansvelders	Helmond	M45	NED	00:42:36	584	01:24:46	01:39:55	03:04:40	578	03:54:07	603	00:32:56	00:34:13	00:36:27	01:43:35	194	05:41:57
443	1468	Edwin Herber	Utrecht	M45	NED	00:38:12	416	01:17:32	01:33:57	02:51:29	422	03:33:45	393	00:39:01	00:40:46	00:43:15	02:03:02	493	05:41:59
444	1086	Martijn Borst	Almere-haven	M24	NED	00:41:22	530	01:14:20	01:32:25	02:46:45	330	03:31:52	370	00:44:46	00:38:46	00:41:56	02:05:28	527	05:42:00
445	1750	Anneloes Dros	Amsterdam	W24	NED	00:41:14	521	01:19:44	01:33:18	02:53:01	439	03:39:26	456	00:38:43	00:38:50	00:41:52	01:59:23	441	05:42:02
446	1345	Noel Brannigan	Newbridge	M40	IRL	00:41:00	513	01:15:17	01:28:28	02:43:45	278	03:30:40	350	00:39:32	00:39:53	00:45:08	02:04:32	510	05:42:06
447	1043	Michael Kommann	Utrecht	M24	NED	00:45:15	661	01:18:01	01:35:02	02:53:03	441	03:44:23	504	00:34:48	00:39:42	00:37:50	01:52:18	340	05:42:13
448	1342	Marco Derksen	Enschede	M40	NED	00:35:28	269	01:17:55	01:32:37	02:50:32	405	03:31:21	361	00:40:05	00:41:56	00:45:51	02:07:51	565	05:42:17
449	1759	Lorraine Garvey	Mansfield	W40	GBR	00:42:16	573	01:22:20	01:34:08	02:56:28	491	03:46:41	535	00:36:15	00:36:58	00:39:06	01:52:19	341	05:42:30
450	1222	Jeroen van Dorp	Amsterdam	M24	NED	00:45:36	666	01:12:51	01:27:40	02:40:30	229	03:32:30	380	00:37:18	00:40:54	00:47:16	02:05:27	526	05:42:30
451	1613	Jan van der Maale	Halsteren	M50	NED	00:37:58	402	01:21:59	01:39:21	03:01:20	540	03:45:21	516	00:35:30	00:36:55	00:38:35	01:50:58	321	05:42:33
452	2117	Andreas Fichelscher	Bad Vilbel	M50	GER	00:41:19	526	01:19:38	01:36:12	02:55:50	481	03:42:00	480	00:36:31	00:38:32	00:40:23	01:55:24	383	05:42:44
453	1485	Peter Krijnen	Amsterdam-duivendrecht	M45	NED	00:43:23	618	01:16:54	01:32:25	02:49:19	373	03:39:52	463	00:35:15	00:38:33	00:43:30	01:57:18	413	05:42:46
454	1385	Sasa Krec	Diepholz	M40	GER	00:39:24	458	01:21:10	01:34:30	02:55:40	478	03:41:12	477	00:36:39	00:40:24	00:42:07	01:59:09	438	05:42:52
455	1627	Nico van Putten	Markelo	M55	NED	00:37:33	362	01:22:44	01:37:00	02:59:44	529	03:43:02	491	00:36:36	00:38:24	00:39:40	01:54:39	372	05:42:55
456	1064	Carsten Kelbling	Bremen	M24	GER	00:35:34	277	01:15:41	01:34:16	02:49:57	387	03:31:19	359	00:38:33	00:41:07	00:46:54	02:06:33	544	05:42:55
457	1558	Wim Henk Steenpoorte	Loenen Aan De Vecht	M50	NED	00:46:19	674	01:15:53	01:34:25	02:50:18	396	03:43:55	497	00:35:38	00:38:15	00:40:41	01:54:33	370	05:43:10
458	1646	Rob van der Luit	Oegstgeest	M60	NED	00:33:54	202	01:14:11	01:32:54	02:47:05	339	03:27:37	302	00:40:38	00:43:24	00:46:30	02:10:31	600	05:43:16
459	1531	Twan van der Wouw	Gendt	M45	NED	00:40:52	507	01:23:01	01:35:45	02:58:45	519	03:48:08	546	00:34:36	00:36:44	00:39:42	01:51:02	322	05:43:28
460	1610	Patrick Nugter	Wervershoof	M50	NED	00:39:26	460	01:16:51	01:33:17	02:50:07	392	03:34:01	397	00:37:57	00:41:41	00:46:24	02:06:02	538	05:43:55
461	1090	Roland Hougardy-vos	Almere	M24	NED	00:36:06	299	01:08:26	01:25:44	02:34:09	114	03:15:07	154	00:40:55	00:46:15	00:56:15	02:23:24	667	05:43:56
462	1434	Karel Demyttenaere	Lendeledede	M40	BEL	00:35:28	270	01:24:44	01:39:16										

469	1203	Berry Snoeren	Tilburg	M24	NED	00:44:03	636	01:24:11	01:42:26	03:06:36	608	03:57:48	621	00:30:11	00:34:03	00:39:00	01:43:12	189	05:45:00
470	2120	Jelte Dijkstra	Amsterdam	M24	NED	00:46:46	679	01:21:43	01:36:07	02:57:49	506	03:49:21	564	00:36:31	00:37:09	00:37:56	01:51:34	330	05:45:01
471	1336	Hans-jürgen Knappmann	Espel	M40	NED	00:35:10	250	01:20:10	01:35:31	02:55:41	479	03:34:36	405	00:38:31	00:42:48	00:45:18	02:06:36	546	05:45:31
472	1571	Michel van West	Almere	M50	NED	00:35:29	271	01:18:47	01:33:53	02:52:40	436	03:33:40	392	00:39:16	00:42:26	00:43:42	02:05:23	521	05:45:34
473	1563	Wim Geurts	Leiden	M50	NED	00:35:03	241	01:24:51	01:40:45	03:05:35	591	03:45:27	517	00:38:22	00:38:01	00:38:04	01:54:26	368	05:45:35
474	1767	Peggy Van Den Driessche	Edegem	W40	BEL	00:36:42	317	01:22:52	01:37:09	03:00:01	530	03:42:13	482	00:37:34	00:38:59	00:41:36	01:58:08	424	05:45:37
475	1397	Frank Bohmer	Kleve	M40	GER	00:33:21	172	01:16:52	01:31:15	02:48:07	357	03:27:26	296	00:42:52	00:45:13	00:43:22	02:11:26	605	05:45:37
476	1719	Andrea de Groot	Apeldoorn	W24	NED	00:43:09	604	01:19:01	01:31:49	02:50:49	409	03:38:58	452	00:39:42	00:40:52	00:42:34	02:03:06	496	05:45:40
477	1133	Vincent van der Kort	Alphen Aan Den Rijn	M24	NED	00:39:00	438	01:21:46	01:43:00	03:04:46	581	03:49:15	561	00:36:38	00:35:46	00:38:22	01:50:45	319	05:45:44
478	1163	Bob Verhagen	Amsterdam	M24	NED	00:41:03	516	01:19:12	01:34:04	02:53:16	446	03:39:42	461	00:36:43	00:38:49	00:44:41	02:00:12	453	05:45:53
479	1622	Martin Lieberom	Almere	M50	NED	00:41:14	522	01:18:28	01:35:58	02:54:25	463	03:41:22	478	00:39:13	00:40:33	00:41:25	02:01:09	466	05:45:59
480	1748	Linda Schoneville	Utrecht	W24	NED	00:39:26	459	01:23:51	01:37:22	03:01:13	537	03:46:13	528	00:37:11	00:38:55	00:39:59	01:56:04	393	05:46:14
481	1802	Helma Oussoren	Almere	W45	NED	00:34:55	233	01:19:07	01:33:32	02:52:39	435	03:32:10	377	00:39:28	00:41:49	00:48:17	02:09:33	592	05:46:16
482	1458	Jens Stapelfeldt	Diepholz	M45	GER	00:37:34	364	01:20:20	01:36:32	02:56:51	496	03:40:00	465	00:36:54	00:40:09	00:45:36	02:02:37	488	05:46:20
483	1755	Conny Maatjens	Wageningen	W24	NED	00:39:10	445	01:23:32	01:37:37	03:01:08	535	03:44:49	511	00:37:08	00:38:21	00:40:07	01:55:35	385	05:46:21
484	1307	Dirk Kunze	Dueren	M40	GER	00:44:11	639	01:20:01	01:34:20	02:54:21	461	03:44:11	502	00:37:32	00:39:47	00:41:15	01:58:33	430	05:46:23
485	1643	Manfred Raitth	Bedburg Hau	M55	GER	00:43:11	610	01:18:03	01:35:04	02:53:06	444	03:42:40	487	00:37:13	00:39:19	00:43:16	01:59:47	446	05:46:27
486	1589	Jan De Brucker	Lede	M50	BEL	00:39:50	478	01:12:23	01:28:01	02:40:23	227	03:30:14	341	00:40:20	00:43:29	00:46:22	02:10:10	595	05:46:33
487	1049	Bart Bongaeers	Lommel	M24	BEL	00:33:46	195	01:19:38	01:34:30	02:54:07	456	03:33:34	390	00:39:48	00:43:06	00:44:30	02:07:24	556	05:46:33
488	1441	Raymond Vlegghert	Zevenaar	M45	NED	00:46:17	673	01:17:58	01:39:32	02:57:29	504	03:48:17	547	00:35:45	00:36:57	00:41:22	01:54:03	366	05:46:36
489	1725	Nynke Bakering	Utrecht	W24	NED	00:39:33	467	01:17:19	01:34:16	02:51:35	424	03:35:12	414	00:41:02	00:41:39	00:45:27	02:08:08	571	05:46:37
490	1394	Arie Huibers	Ede	M40	NED	00:38:19	419	01:12:38	01:28:51	02:41:28	243	03:24:39	266	00:39:13	00:46:29	00:52:18	02:17:59	648	05:46:37
491	1379	Stephan Lindner	Almere	M40	NED	00:41:12	520	01:14:17	01:37:00	02:51:17	417	03:39:28	457	00:37:20	00:42:36	00:42:56	02:02:51	492	05:46:46
492	1246	Ronald Franken	Almere	M24	NED	00:45:12	660	01:20:10	01:38:25	02:58:34	515	03:51:09	579	00:35:10	00:37:17	00:37:49	01:50:14	311	05:47:04
493	1448	Pim Udo	Deil	M45	NED	00:41:32	541	01:26:11	01:38:45	03:04:55	584	03:51:00	578	00:36:25	00:37:40	00:38:43	01:52:46	347	05:47:07
494	1319	Nico De Rhore	Ingelmunster	M40	BEL	00:39:19	451	01:18:17	01:31:37	02:49:53	384	03:35:08	411	00:38:26	00:42:10	00:47:11	02:07:46	564	05:47:21
495	1035	Andries van den Elzen	Geffen	M24	NED	00:42:29	581	01:20:04	01:36:18	02:56:22	488	03:46:06	527	00:35:55	00:39:03	00:42:15	01:57:12	411	05:47:49
496	1632	Rene Middelveld	Bemmel	M55	NED	00:36:04	296	01:15:48	01:31:22	02:47:10	341	03:28:07	308	00:39:44	00:44:26	00:50:00	02:14:09	627	05:48:08
497	1240	Wigger Heslinga	Amsterdam	M24	NED	00:37:01	328	01:19:34	01:35:46	02:55:20	471	03:38:22	447	00:36:12	00:43:15	00:46:23	02:05:49	534	05:48:17
498	1631	Koos Jansen	Enschede	M55	NED	00:37:43	372	01:14:48	01:29:18	02:44:05	283	03:28:33	313	00:40:48	00:43:04	00:50:26	02:14:17	629	05:48:21
499	1745	Federica Buttolo	Azzano Decimo	W24	ITA	00:41:19	527	01:23:36	01:36:02	02:59:37	528	03:48:52	553	00:37:20	00:38:18	00:39:34	01:55:11	379	05:48:56
500	1587	Ben Kuiken	Amsterdam	M50	NED	00:36:37	314	01:19:25	01:39:47	02:59:12	524	03:39:48	462	00:38:44	00:41:42	00:45:00	02:05:26	525	05:48:59
501	1538	Martien Dupont	Venray	M50	NED	00:43:23	617	01:18:17	01:34:45	02:53:01	440	03:42:25	486	00:37:09	00:39:09	00:46:04	02:02:21	483	05:49:10
502	1564	Ronald Koch	Almere	M50	NED	00:33:48	197	01:18:12	01:35:04	02:53:15	445	03:31:20	360	00:39:49	00:43:54	00:49:43	02:13:26	621	05:49:24
503	1820	Remke den Bremer	Den Haag	W55	NED	00:41:44	549	01:20:33	01:33:22	02:53:55	454	03:42:13	481	00:38:34	00:41:11	00:40:45	02:00:29	456	05:49:51
504	1321	Jan de Vries	Alphen Aan Den Rijn	M40	NED	00:38:21	421	01:17:22	01:34:12	02:51:34	423	03:33:35	391	00:40:48	00:43:46	00:47:45	02:12:18	612	05:49:51
505	1281	Piotr Barwinski	Warsaw	M24	POL	00:44:52	653	01:24:56	01:39:46	03:04:42	579	03:53:46	598	00:36:01	00:37:15	00:38:42	01:51:57	335	05:49:52
506	1785	Jolanda Groen	Brielle	W45	NED	00:33:20	171	01:23:02	01:39:09	03:02:11	548	03:40:44	472	00:39:36	00:42:20	00:43:29	02:05:24	523	05:50:52
507	1708	Beate Wendland	Grefrath	W24	GER	00:46:36	676	01:16:33	01:30:29	02:47:01	338	03:38:57	451	00:38:46	00:43:57	00:44:54	02:07:36	560	05:50:57
508	1769	Anke Weihermüller	Bochum	W40	GER	00:35:00	237	01:22:53	01:44:03	03:06:55	609	03:48:02	542	00:37:13	00:39:35	00:42:35	01:59:23	440	05:51:17
509	1549	Frans Hooijen	Hapert	M50	NED	00:43:20	615	01:18:28	01:34:35	02:53:03	442	03:44:26	505	00:39:43	00:40:01	00:42:14	02:01:57	476	05:51:19
510	1226	Koen Boterman	Amsterdam	M24	NED	00:34:33	219	01:19:46	01:36:49	02:56:35	494	03:37:47	443	00:43:46	00:39:55	00:42:24	02:06:04	539	05:51:44
511	1735	Linda Metzemaekers	Utrecht	W24	NED	00:41:41	547	01:18:48	01:35:03	02:53:51	452	03:41:30	479	00:40:27	00:42:06	00:44:27	02:06:59	553	05:51:58
512	1283	Jordi Romero	Barcelona	M24	ESP	00:47:02	682	01:21:51	01:40:06	03:01:57	543	03:54:34	608	00:36:20	00:38:03	00:38:38	01:53:00	351	05:52:25
513	1562	Ronald Jansen	Almere	M50	NED	00:40:13	490	01:25:27	01:40:16	03:05:42	595	03:51:30	580	00:36:57	00:39:39	00:41:21	01:57:57	419	05:52:25
514	1618	Wim Cornelissen	Gendt	M50	NED	00:37:25	354	01:20:18	01:36:55	02:57:13	500	03:39:36	458	00:39:43	00:42:55	00:46:23	02:09:00	586	05:52:37
515	1231	Jim Bijwaard	Amsterdam	M24	NED	00:39:30	464	01:19:09	01:38:59	02:58:08	510	03:43:02	490	00:38:14	00:41:18	00:45:13	02:04:45	513	05:52:42
516	1544	Albert Callenbach	Almere	M50	NED	00:40:55	509	01:16:02	01:34:17	02:50:19	397	03:38:23	449	00:39:22	00:42:52	00:46:01	02:08:14	573	05:52:49
517	1310	Marc Van Den Broek	Apeldoorn	M40	NED	00:39:13	449	01:23:27	01:35:17	02:58:44	518	03:41:11	476	00:41:16	00:42:41	00:43:55	02:07:52	567	05:52:50
518	1267	Mark Siekmans	Den Bosch	M24	NED	00:38:18	417	01:20:03	01:36:15	02:56:18	486	03:39:53	464	00:39:15	00:43:01	00:45:36	02:07:52	566	05:52:53
519	1799	Winni Jansen	Almere	W45	NED	00:37:55	396	01:19:41	01:35:14	02:54:54	466	03:36:10	425	00:40:27	00:44:13	00:48:55	02:13:34	622	05:53:02
520	1789	Mirjam Leussink	Enschede	W45	NED	00:35:20	259	01:16:25	01:33:32	02:49:56	386	03:30:42	351	00:42:54	00:46:27	00:49:00	02:18:19	651	05:53:10
521	1072	Joop De Lange	Kockengen	M24	NED	00:36:10	303	01:20:48	01:39:55	03:00:42	533	03:40:59	473	00:41:27	00:42:08	00:45:06	02:08:40	581	05:53:28
522	1367	Jo Cinjaere	Oostrozebeke	M40	BEL	00:45:15	662	01:19:44	01:35:39	02:55:23	473	03:47:16	539	00:39:13	00:39:42	00:42:21	02:01:15	468	05:53:34
523	1253	Jamie Groom	Janabiya	M24	IRL	00:34:00	205	01:17:42	01:32:49	02:50:30	404	03:29:01	323	00:40:45	00:47:21	00:52:57	02:21:01	661	05:53:51
524	1292	Emma Grijsen	Utrecht	W24	NED	00:35:59	290	01:23:20	01:41:06	03:04:25	574	03:44:27	506	00:38:42	00:42:05	00:44:39	02:05:25	524	05:53:58
525	1071	Leon Versteeg	Hilversum	M24	NED	00:42:26	579	01:18:24	01:36:34	02:54:58	467	03:43:04	492	00:37:48	00:39:49	00:47:52	02:05:28	528	05:54:20
526	1400	Roger Palmen	Arnhem	M40	NED	00:42:10	564	01:19:33	01:38:54	02:58:27	513								

537	1702	Laura Janssen	Amsterdam	WU24	NED	00:39:20	452	01:25:15	01:44:51	03:10:06	635	03:53:01	594	00:36:35	00:41:13	00:42:39	02:00:26	455	05:56:40
538	1619	Andre Jansen	Gorinchem	M50	NED	00:34:55	234	01:25:11	01:38:33	03:03:43	565	03:45:36	518	00:37:41	00:41:09	00:47:03	02:05:51	536	05:56:46
539	1445	Jeroen van Zaaen	Heemstede	M45	NED	00:37:57	401	01:23:58	01:41:57	03:05:54	599	03:49:11	559	00:38:06	00:42:30	00:42:29	02:03:04	494	05:56:52
540	1596	Peter den Heijer	Breukelen	M50	NED	00:37:01	329	01:25:40	01:39:43	03:05:23	588	03:48:59	554	00:39:55	00:41:30	00:42:11	02:03:35	500	05:56:58
541	1368	Harmen van der Kooij	Utrecht	M40	NED	00:40:57	510	01:24:07	01:40:31	03:04:38	577	03:51:47	584	00:35:49	00:40:33	00:45:38	02:01:59	477	05:57:28
542	1653	Jaap Bosch	Driebergen-rijnsburg	M45	NED	00:40:21	493	01:16:27	01:32:57	02:49:23	376	03:36:06	423	00:41:39	00:49:06	00:42:59	02:13:43	623	05:57:46
543	1403	Piet-hein van Herk	Utrecht	M40	NED	00:48:34	696	01:21:12	01:40:45	03:01:57	545	03:58:18	622	00:35:52	00:38:14	00:41:13	01:55:17	380	05:57:47
544	1026	Ilko Bosman	Arnhem	M24	NED	00:46:45	678	01:17:24	01:35:14	02:52:38	434	03:43:56	498	00:39:41	00:43:47	00:47:02	02:10:29	599	05:57:50
545	1522	Hugo Sparidans	Eindhoven	M45	NED	00:45:10	658	01:20:22	01:37:34	02:57:55	508	03:47:00	537	00:39:05	00:42:40	00:44:59	02:06:42	549	05:57:52
546	1339	Peter Struik	Alblasserdam	M40	NED	00:48:53	699	01:17:38	01:34:08	02:51:45	426	03:49:11	560	00:41:27	00:41:32	00:42:05	02:05:02	516	05:58:14
547	1515	Rick Kooke	Almere	M45	NED	00:33:11	161	01:26:23	01:38:58	03:05:20	587	03:44:51	512	00:39:05	00:42:05	00:46:35	02:07:44	562	05:58:26
548	1417	Thom Jaspers	Rotterdam	M40	NED	00:47:08	685	01:22:05	01:37:00	02:59:04	521	03:55:30	616	00:35:16	00:38:56	00:43:11	01:57:22	414	05:58:29
549	1525	Bart Mertens	Nedenes	M45	BEL	00:37:02	330	01:26:07	01:43:16	03:09:22	630	03:59:08	628	00:37:39	00:38:35	00:37:42	01:53:54	363	05:58:36
550	1185	Max Makurat	Leiden	M24	GER	00:41:27	535	01:21:02	01:38:09	02:59:10	522	03:46:22	529	00:38:25	00:41:51	00:47:19	02:07:34	557	05:58:45
551	1476	Martijn van Koten	Dordrecht	M45	NED	00:43:01	598	01:16:21	01:37:53	02:54:14	459	03:45:04	514	00:41:50	00:43:58	00:43:23	02:09:11	590	05:58:53
552	1718	Niki Versprille	Erpe	W24	BEL	00:40:43	499	01:20:37	01:36:26	02:57:03	498	03:42:16	483	00:41:33	00:42:33	00:46:49	02:10:54	603	05:58:54
553	1733	Yvonne Poel	Limmen	W24	NED	00:42:19	576	01:26:13	01:40:17	03:06:29	607	03:52:57	592	00:38:39	00:41:15	00:41:09	02:01:03	464	05:58:57
554	1495	Patrick de Sutter	Oostburg	M45	NED	00:43:09	605	01:24:15	01:39:10	03:03:25	559	03:52:58	593	00:37:05	00:39:43	00:42:20	01:59:07	436	05:59:18
555	1545	Klaas Scheffer	Almere	M50	NED	00:48:49	697	01:18:23	01:34:38	02:53:00	438	03:46:00	525	00:39:26	00:41:57	00:48:51	02:10:13	596	05:59:37
556	1625	Jack Moerenhout	Almere	M50	NED	00:50:05	709	01:17:19	01:33:01	02:50:19	399	03:47:13	538	00:40:03	00:42:08	00:46:20	02:08:29	577	05:59:39
557	1377	Sander Kerkhof	Wijdmeren	M40	NED	00:47:56	693	01:25:25	01:42:44	03:08:09	618	04:00:36	637	00:35:46	00:39:48	00:40:06	01:55:39	387	05:59:52
558	1243	Allard Heerema	Amsterdam	M24	NED	00:43:07	601	01:23:26	01:40:51	03:04:16	572	03:54:53	610	00:37:09	00:39:37	00:43:53	02:00:38	462	06:00:16
559	1804	Nicki Doerr	Baarn	W45	USA	00:45:00	655	01:23:53	01:39:30	03:03:23	558	03:54:01	602	00:39:32	00:40:45	00:41:23	02:01:39	473	06:00:17
560	1716	Cora Blankendaal	Eenigenburg	W24	NED	00:47:04	683	01:23:34	01:40:03	03:03:36	563	03:55:09	614	00:39:51	00:41:14	00:41:04	02:02:08	480	06:00:33
561	1568	Willem Pals	Amsterdam	M50	NED	00:32:40	133	01:19:12	01:38:06	02:57:18	503	03:33:50	395	00:44:03	00:48:47	00:50:28	02:23:17	666	06:00:36
562	1594	Ed Zuidmeer	Maarssen	M50	NED	00:41:40	546	01:21:04	01:41:29	03:02:33	552	03:52:27	589	00:38:12	00:40:47	00:43:43	02:02:41	490	06:00:38
563	1595	Arno Engers	Diemen	M50	NED	00:46:08	671	01:26:24	01:41:41	03:08:05	617	04:07:50	665	00:35:11	00:37:19	00:37:13	01:49:42	298	06:00:44
564	1372	Peter van Mil	Alphen Aan Den Rijn	M40	NED	00:42:37	585	01:19:42	01:35:58	02:55:39	477	03:44:05	501	00:40:29	00:45:38	00:46:05	02:12:11	611	06:00:44
565	1546	Peter Horn	Almere	M50	NED	00:42:58	597			02:44:03	281	03:32:30	379	00:38:37	00:50:01	00:52:17	02:20:55	660	06:00:48
566	1317	Sjaak Schuitemaker	Andijk	M40	NED	00:43:07	602	01:14:23	01:51:46	03:06:09	603	03:53:56	600	00:37:23	00:37:30	00:48:16	02:03:09	498	06:01:30
567	1636	Donald Janssen	Oss	M55	NED	00:37:55	395	01:17:42	01:32:15	02:49:57	388	03:31:37	366	00:48:29	00:45:04	00:53:12	02:26:43	675	06:01:33
568	1375	Manfred Jaisfeld	Münster	M40	GER	00:41:08	518	01:28:56	01:43:20	03:12:15	645	03:58:25	623	00:37:37	00:39:05	00:42:43	01:59:25	443	06:01:35
569	1570	Dirk Jan Splinter	Almere	M50	NED	00:52:05	715	01:15:43	01:31:00	02:46:43	327	03:46:27	530	00:39:27	00:43:20	00:45:54	02:08:40	580	06:01:49
570	1528	Lode Mattelin	Izegem	M45	BEL	00:39:47	476	01:23:42	01:38:29	03:02:11	549	03:50:50	577	00:41:41	00:42:20	00:40:52	02:04:52	515	06:02:08
571	1227	Jeroen Goes	Amsterdam	M24	NED	00:42:04	561	01:26:54	01:46:26	03:13:20	654	04:00:13	633	00:37:18	00:39:20	00:41:32	01:58:09	425	06:02:30
572	1815	Jolie Jacobs-minneboo	Apeldoorn	W50	NED	00:34:58	236	01:25:18	01:40:26	03:05:44	596	03:45:11	515	00:42:34	00:44:35	00:46:52	02:13:59	624	06:02:35
573	1393	Richie De Jonghe	Izegem	M40	BEL	00:37:12	343	01:24:44	01:42:58	03:07:41	614	03:50:35	573	00:41:52	00:41:28	00:45:07	02:08:27	576	06:02:54
574	1773	Helen Tones	Durham	W40	GBR	00:41:27	536	01:30:57	01:46:07	03:17:04	672	04:03:57	649	00:37:13	00:38:34	00:40:01	01:55:47	389	06:02:54
575	1578	Maurice Frieser	Putten	M50	NED	00:33:04	153	01:23:19	01:45:21	03:08:39	624	03:46:46	536	00:42:30	00:44:05	00:43:54	02:10:29	598	06:03:01
576	1508	Bart Withagen	Best	M45	NED	00:43:54	633	01:22:54	01:39:09	03:02:02	546	03:51:39	581	00:39:33	00:41:50	00:45:50	02:07:12	554	06:03:22
577	1061	Niels de Water	Den Haag	M24	NED	00:42:10	565	01:22:13	01:40:46	03:02:59	556	03:50:43	575	00:39:56	00:43:41	00:44:22	02:07:58	569	06:03:27
578	1726	Angela Krijgsman	Hellevoetsluis	W24	NED	00:43:45	630	01:26:45	01:44:10	03:10:55	639	03:58:49	625	00:40:42	00:40:07	00:40:39	02:01:27	472	06:03:33
579	1505	Wouter Borst	Boskoop	M45	NED	00:39:40	470	01:21:39	01:38:56	03:00:35	532	03:44:42	510	00:41:31	00:44:19	00:50:08	02:15:57	634	06:03:35
580	1731	Andrea Gerbrands	Leidschendam	W24	NED	00:30:23	61	01:28:05	01:48:09	03:16:14	662	03:52:44	590	00:39:39	00:41:53	00:45:27	02:06:58	552	06:04:01
581	1788	Margreet Bennis	Almere	W45	NED	00:37:53	392	01:24:18	01:40:54	03:05:11	585	03:48:25	549	00:41:08	00:43:16	00:47:34	02:11:57	610	06:04:39
582	1712	Hilde Vangilbergen	Zottegem	W24	BEL	00:38:58	435	01:26:10	01:43:36	03:09:46	633	03:52:54	591	00:40:38	00:42:21	00:44:45	02:07:43	561	06:05:05
583	1269	George Knottnerus	Amsterdam	M24	NED	00:41:38	544	01:19:53	01:39:34	02:59:26	527	03:44:31	507	00:42:01	00:45:28	00:49:01	02:16:30	635	06:05:09
584	1638	Stéphane Gerard	Aalst	M55	BEL	00:35:44	282	01:25:18	01:43:28	03:08:46	625	03:52:12	587	00:42:01	00:43:36	00:43:17	02:08:53	583	06:05:18
585	1265	Hans Becker	London	M24	NED	00:44:01	635	01:16:55	01:39:14	02:56:08	485	03:46:31	532	00:41:30	00:44:22	00:44:55	02:10:46	601	06:05:38
586	645	Marco Dekker	Amsterdsam	M40	NED	00:42:53	595	01:27:45	01:36:59	03:04:43	580	03:58:39	624	00:37:07	00:39:45	00:43:40	02:00:31	458	06:06:06
587	1720	Jana Claus	Köln	W24	GER	00:37:56	397	01:22:52	01:40:17	03:03:09	557	03:45:37	519	00:42:54	00:45:54	00:48:33	02:17:20	644	06:06:10
588	1410	Mike Wisner	Nottingham	M40	AUS	00:40:55	508	01:26:29	01:39:09	03:05:38	593	03:53:06	595	00:39:59	00:42:17	00:45:58	02:08:13	572	06:06:15
589	1766	Imogen Johns	Melbourn, Near Royston	W40	AUS	00:40:26	494	01:29:13	01:52:40	03:21:53	688	04:07:37	664	00:36:59	00:38:34	00:38:19	01:53:50	361	06:06:16
590	1635	Andre van Ijzendoorn	Tiel	M55	NED	00:42:44	588	01:25:42	01:39:55	03:05:37	592	03:54:22	606	00:37:57	00:42:46	00:46:35	02:07:17	555	06:06:25
591	1290	Wesley Simons	Ekeren	M24	BEL	00:44:19	641	01:25:53	01:40:03	03:05:56	600	03:55:23	615	00:40:13	00:42:48	00:43:00	02:06:00	537	06:06:29
592	1704	Laetitia Theus	Gent	W24	BEL	00:39:27	463	01:28:53	01:42:17	03:11:10	640	03:59:46	630	00:42:00	00:41:39	00:38:43	02:02:21	484	06:06:48
593	1212	Geoffrey Teuwen	Rotterdam	M24	NED	00:41:53	555	01:30:23	01:43:56	03:14:18	656	04:05:06	655	00:35:56	00:40:02	00:40:45	01:56:42	402	06:06:49
594	1807	Sabine Juras	Saultain	W45	FRA	00:38:08	412	01:25:53	01:42:09	03:08:01	616	03:54:47	609	00:40:08	00:41:51				

605	1651	Fred Zegwaard	Rekken	M65	NED	00:41:02	514	01:27:18	01:36:29	03:03:46	566	03:51:56	586	00:42:21	00:43:31	00:46:35	02:12:26	613	06:09:46
606	1752	Stephanie Heerema	Amsterdam	W24	NED	00:40:02	483	01:21:52	01:40:05	03:01:57	544	03:49:05	557	00:45:44	00:45:27	00:45:56	02:17:06	643	06:10:10
607	1751	Emma Visser	Amsterdam	W24	NED	00:47:20	689	01:22:30	01:41:05	03:03:35	562	03:57:23	620	00:38:31	00:43:30	00:47:00	02:08:59	585	06:10:54
608	1711	Mieke D'haene	Desselgem	W24	BEL	00:37:07	337	01:28:27	01:44:13	03:12:39	649	03:54:54	611	00:42:01	00:44:08	00:46:45	02:12:53	616	06:10:59
609	1171	Bas Vader	Maarsse	M24	NED	00:42:18	575	01:27:57	01:47:34	03:15:31	659	04:01:48	642	00:40:39	00:41:46	00:43:44	02:06:09	540	06:11:09
610	1552	Mark Peter Rooduijn	Rotterdam	M50	NED	00:41:29	539	01:23:17	01:42:57	03:06:14	605	03:58:59	627	00:38:58	00:42:59	00:46:39	02:08:34	579	06:11:10
611	1787	Astrid Spoelder	Almere	W45	NED	00:40:29	495	01:29:57	01:50:41	03:20:38	685	04:05:28	656	00:38:22	00:40:26	00:43:27	02:02:14	482	06:12:02
612	1795	Christelle Marquis	Bethune	W45	FRA	00:42:24	578	01:23:52	01:52:50	03:16:41	665	04:05:05	654	00:37:19	00:42:32	00:44:17	02:04:07	504	06:12:35
613	1648	Hans Verberkt	Geldern	M60	GER	00:37:51	387	01:17:26	01:32:38	02:50:03	391	03:34:06	399	00:48:49	00:50:36	00:54:52	02:34:16	691	06:13:03
614	1423	Martin Chyrikins	Amsterdam	M40	ARG	00:41:03	515	01:27:55	01:48:49	03:16:43	666	04:03:25	647	00:38:37	00:42:26	00:43:48	02:04:50	514	06:13:07
615	1328	Jeroen Stahlberg	Almere	M40	NED	00:35:20	261	01:24:46	01:41:27	03:06:13	604	03:54:20	605	00:40:31	00:44:32	00:48:04	02:13:06	620	06:13:30
616	1019	Geert Dolfing	Druten	M24	NED	00:50:15	711	01:23:03	01:39:21	03:02:24	551	04:01:00	638	00:39:30	00:42:59	00:43:59	02:06:27	542	06:13:32
617	1404	Bastiaan Roostenberg	Purmerend	M40	NED	00:59:45	727	01:29:29	01:46:49	03:16:17	663	04:22:34	705	00:35:25	00:36:27	00:36:05	01:47:56	268	06:13:42
618	1793	Ingrid Boydens	Knokke Heist	W45	BEL	00:49:07	700	01:25:36	01:42:44	03:08:20	619	04:01:56	643	00:39:37	00:42:53	00:44:26	02:06:56	551	06:13:57
619	1707	Fernanda Goltz	Porto Alegre	W24	BRA	00:42:51	593	01:24:13	01:40:35	03:04:48	582	03:55:00	613	00:44:41	00:43:22	00:45:03	02:13:06	619	06:15:14
620	1647	Jan Willem de Bock	Amsterdam	M60	NED	00:34:25	215	01:25:41	01:41:41	03:07:22	612	03:50:13	572	00:42:09	00:46:10	00:48:46	02:17:04	642	06:15:37
621	1344	Jorg Foshag	St. Wendel	M40	GER	00:43:20	616	01:19:01	02:04:48	03:23:48	695	04:11:45	683	00:39:13	00:40:03	00:41:26	02:00:41	463	06:15:54
622	1156	Azamat Ismailov	Amsterdam	M24	KAZ	00:47:51	691	01:22:41	01:44:36	03:07:17	611	04:02:42	645	00:39:35	00:43:36	00:46:30	02:09:41	593	06:16:28
623	1705	Joanne Dolfing	Druten	W24	RSA	00:40:05	486	01:33:08	01:52:54	03:26:01	701	04:11:49	684	00:36:31	00:39:21	00:41:51	01:57:42	417	06:16:30
624	1325	Nikolai Pronk	Blithoven	M40	NED	00:42:34	583	01:31:46	01:39:26	03:01:11	536	03:50:00	570	00:38:47	00:46:59	00:56:19	02:22:03	664	06:17:16
625	1341	Nils van Dijk	Arnhem	M40	NED	00:49:57	708	01:21:01	01:30:54	02:47:54	353	03:45:52	523	00:44:06	00:48:01	00:54:29	02:26:34	674	06:17:40
626	1036	Markus Schönleber	Eschau	M24	GER	00:42:02	559	01:18:54	01:37:40	02:56:33	493	03:44:38	508	00:46:04	00:49:43	00:54:07	02:29:53	681	06:18:04
627	1551	Paul van Oorschot	Oss	M50	NED	00:38:00	406	01:23:37	01:41:14	03:04:51	583	03:49:07	558	00:46:04	00:47:42	00:49:51	02:23:36	668	06:18:20
628	1747	Inge Sieben	Den Dungen	W24	NED	00:43:31	625	01:28:16	01:47:51	03:16:06	661	04:06:20	658	00:39:00	00:43:50	00:46:07	02:08:56	584	06:18:26
629	1644	Theo Jansen	Spijkenisse	M55	NED	00:44:48	652	01:25:18	01:43:48	03:09:06	627	04:01:29	640	00:42:18	00:43:31	00:45:39	02:11:27	606	06:18:43
630	1331	Wessel Troost	Delft	M40	NED	00:36:02	293	01:30:52	01:47:01	03:17:52	676	04:00:15	634	00:44:26	00:44:08	00:44:21	02:12:54	617	06:19:00
631	1772	Carole Martin	Lambersart	W40	FRA	00:47:11	687	01:33:50	01:52:09	03:25:58	700	04:21:43	703	00:34:46	00:34:33	00:38:32	01:47:49	260	06:19:03
632	1078	Paul Berkelmans	Amsterdam	M24	NED	00:44:53	654	01:26:41	01:47:22	03:14:03	655	04:10:33	676	00:36:52	00:40:09	00:44:20	02:01:21	469	06:20:11
633	1473	Luc Meurisse	Sint-denijs Zwevegem	M45	BEL	00:49:34	704	01:21:12	01:44:22	03:05:34	590	04:01:44	641	00:39:47	00:43:55	00:50:21	02:14:02	625	06:20:12
634	1629	Charles Wessels	De Zilk	M55	NED	00:39:21	454	01:18:01	01:35:25	02:53:25	449	03:40:04	466	00:46:03	00:49:50	00:57:25	02:33:17	688	06:20:35
635	1406	Antoine Terluin	Limmen	M40	NED	00:53:35	718	01:21:36	01:49:49	03:11:25	641	04:10:11	674	00:39:34	00:44:09	00:43:00	02:06:42	548	06:20:57
636	1225	Rick van Bente	Leiden	M24	NED	00:42:18	574	01:27:54	01:40:30	03:08:23	622	03:56:04	617	00:43:18	00:46:09	00:51:18	02:20:45	658	06:21:31
637	1796	Dalva Hubert	Almere	W45	NED	00:37:56	400	01:33:32	01:56:38	03:30:10	711	04:13:00	687	00:37:53	00:41:10	00:44:05	02:03:07	497	06:21:58
638	1710	Suzanne Kortekaas	Almere	W24	NED	00:43:20	614	01:26:43	01:45:17	03:12:00	643	04:01:18	639	00:41:21	00:45:08	00:50:59	02:17:27	646	06:22:11
639	1771	Meta Oude Ophuis	Limmen	W40	NED	00:43:42	627	01:32:01	01:47:50	03:19:50	681	04:10:12	675	00:40:49	00:43:07	00:44:30	02:08:25	575	06:22:34
640	1205	Koen Vaerten	Schelle	M24	BEL	00:45:03	656	01:20:06	01:58:50	03:18:56	679	04:09:24	669	00:37:59	00:43:44	00:47:24	02:09:06	589	06:22:41
641	1826	Sylvia van Breda	Lent	W24	NED	00:37:27	355	01:32:04	01:50:51	03:22:54	691	04:09:44	672	00:39:53	00:43:20	00:44:33	02:07:45	563	06:22:49
642	1429	Hans Strating	Berghem	M40	NED	00:48:52	698	01:27:08	01:43:21	03:10:29	638	04:07:27	661	00:41:08	00:42:39	00:43:49	02:07:35	559	06:23:36
643	1764	Willeke van der Zand	Arnhem	W40	NED	00:39:03	440	01:25:18	01:39:00	03:04:17	573	03:48:22	548	00:44:28	00:49:53	00:55:42	02:30:02	682	06:23:41
644	1777	Martin Treub	Makkum	M60	NED	00:34:37	220	01:28:54	01:44:00	03:12:54	650	03:56:50	618	00:43:58	00:47:28	00:48:26	02:19:51	657	06:24:36
645	1715	Lislore Schickendantz	Lemmer	W24	NED	00:46:40	677	01:25:46	01:47:21	03:13:07	652	04:04:06	650	00:44:02	00:46:01	00:46:29	02:16:32	637	06:25:01
646	1463	Geert Huizing	Hengelo	M45	NED	00:36:31	310	01:23:20	01:40:28	03:03:47	567	03:48:00	541	00:42:09	00:54:49	00:54:52	02:31:49	686	06:25:22
647	1093	Alexander Kramer	Amsterdam	M24	NED	00:40:30	496	01:28:46	01:47:34	03:16:19	664	04:03:07	646	00:44:32	00:47:48	00:46:04	02:18:23	652	06:25:51
648	1827	Hetty Mecklenfeld	Huizen	W45	NED	00:44:32	644	01:28:23	01:48:29	03:16:51	668	04:10:48	679	00:40:46	00:43:28	00:47:35	02:11:49	609	06:26:59
649	1814	Angela Flake	Zoetermeer	W50	NED	00:43:10	608	01:24:55	01:39:35	03:04:30	575	03:51:45	583	00:48:34	00:51:23	00:52:35	02:32:31	687	06:28:07
650	1256	Demian Piva	Sao Paulo	M24	BRA	00:50:53	714	01:27:53	01:44:26	03:12:18	646	04:09:56	673	00:40:29	00:48:09	00:44:12	02:12:50	614	06:28:13
651	1817	Paula Visser	Katwijk	W50	NED	00:38:27	423	01:29:48	01:47:10	03:16:58	669	04:04:29	653	00:43:55	00:45:42	00:47:50	02:17:25	645	06:28:44
652	1783	Esther van Wijnen	Goor	W45	NED	00:46:12	672	01:21:56	01:42:10	03:04:06	570	03:54:20	604	00:44:58	00:50:48	00:55:44	02:31:29	685	06:28:53
653	1204	Rogier Van Den Berg	Wijchen	M24	NED	00:44:08	638	01:25:35	01:41:25	03:06:59	610	03:58:57	626	00:45:01	00:47:28	00:51:43	02:24:11	669	06:28:58
654	1723	Fenna de Boer	Dordrecht	W24	NED	00:45:29	664	01:28:21	01:48:26	03:16:47	667	04:07:29	662	00:44:52	00:45:36	00:47:39	02:18:05	649	06:29:14
655	1557	Manfred Ungemach	Düsseldorf	M50	GER	00:49:51	707	01:25:42	01:40:25	03:06:07	602	04:06:23	659	00:44:04	00:46:31	00:47:33	02:18:08	650	06:29:18
656	1598	Cor Knipmeijer	Meppel	M50	NED	00:47:17	688	01:33:43	01:51:47	03:25:29	699	04:21:29	702	00:39:29	00:40:49	00:42:55	02:03:11	499	06:29:51
657	1738	Jacoba van der Kooy	Rotterdam	W24	NED	00:45:45	668	01:22:54	01:40:35	03:03:28	561	03:57:09	619	00:43:56	00:49:35	00:52:22	02:25:52	673	06:31:08
658	1530	Carlo Pappot	Mijdrecht	M45	NED	00:37:53	390	01:25:20	01:40:55	03:06:19	606	03:50:48	576	00:49:44	00:52:50	00:53:00	02:35:33	694	06:31:11
659	1803	Susanne Bull	Hamburg	W45	GER	00:39:31	466	01:30:50	01:51:57	03:22:46	690	04:10:52	680	00:44:34	00:43:46	00:48:14	02:16:33	638	06:31:50
660	1574	Bart Loomans	Tarrega	M50	NED	00:42:23	577	01:24:51	02:02:42	03:27:33	705	04:21:46	704	00:37:38	00:40:03	00:45:08	02:02:49	491	06:32:17
661	1650	Herman Verhagen	Castricum	M60	NED	00:53:39	719	01:29:23	01:43:32	03:12:55	651	04:17:33	696	00:42:07	00:43:17	00:43:18	02:08:40	582	06:32:20
662	1614	Roel Verweij	Amsterdam	M50	NED	01:03:49	729	01:24:59	01:44:01	03:08:59	626	04:20:24							

671	1585	Cor Muis	Oss	M50	NED	00:52:44	716	01:28:18	01:49:40	03:17:58	677	04:19:58	698	00:39:23	00:44:25	00:49:03	02:12:50	615	06:38:04
672	1547	Heico Kerkmeester	Capelle Aan Den IJssel	M50	NED	00:55:26	725	01:30:23	01:50:45	03:21:08	687	04:25:09	710	00:38:56	00:41:42	00:46:02	02:06:38	547	06:39:06
673	1200	Arthur Meerloo	Maarsssen	M24	NED	00:42:49	592	01:32:31	01:48:27	03:20:57	686	04:13:17	688	00:40:09	00:48:19	00:48:15	02:16:41	639	06:39:19
674	1703	Fiona Mirea	Almere	WU24	NED	00:44:41	649	01:27:44	01:47:48	03:15:31	660	04:05:39	657	00:50:41	00:46:57	00:51:36	02:29:13	679	06:39:34
675	1048	Stefan Colle	Desselgem	M24	BEL	00:36:02	294	01:29:50	01:42:24	03:12:13	644	03:54:28	607	00:42:42	01:03:34	00:54:09	02:40:24	702	06:39:44
676	1824	Trijnie Roozendaal	Oostzaan	W65	NED	00:45:30	665	01:28:05	01:45:13	03:13:18	653	04:04:10	651	00:45:34	00:49:36	00:55:38	02:30:47	683	06:39:56
677	1187	Koen Van Bijsterveld	Den Haag	M24	NED	00:47:42	690	01:20:31	01:40:11	03:00:42	534	03:59:41	629	00:47:10	00:51:57	00:55:12	02:34:18	693	06:41:53
678	1424	Roberto Arauz	Amstelveen	M40	MEX	00:49:35	705	01:31:09	01:51:58	03:23:06	692	04:20:31	701	00:40:38	00:44:53	00:48:35	02:14:05	626	06:41:59
679	1713	Henrietta Brouwer	Leichhardt, Sydney	W24	NED	00:38:55	433	01:41:15	01:58:21	03:39:36	719	04:25:25	711	00:43:18	00:43:47	00:44:37	02:11:41	608	06:42:06
680	1821	Elly van der Zijden	Almere	W60	NED	00:44:22	642	01:33:02	01:53:08	03:26:10	702	04:16:30	694	00:46:18	00:45:45	00:49:28	02:21:29	663	06:43:19
681	1215	Tim Piepers	Rosmalen	M24	NED	00:46:47	680	01:26:06	01:43:32	03:09:38	631	04:07:03	660	00:42:42	00:48:19	00:57:53	02:28:53	677	06:43:37
682	1633	Johan de Man	Purmerend	M55	NED	00:43:27	623	01:25:08	01:44:02	03:09:09	628	04:00:00	631	00:46:25	00:54:18	00:57:01	02:37:43	699	06:44:54
683	1805	Annick Plasmans	Wilrijk	W45	BEL	00:40:59	512	01:31:23	01:52:42	03:24:04	696	04:12:58	686	00:46:24	00:48:21	00:49:29	02:24:12	670	06:45:01
684	1296	Manuel Diego Wierda	Amsterdam	M24	NED	00:45:11	659	01:34:22	01:56:58	03:31:20	713	04:27:07	714	00:40:53	00:47:15	00:44:49	02:12:56	618	06:45:24
685	1455	Daniël Jansen	Oss	M45	NED	00:42:26	580	01:33:07	01:55:02	03:28:09	708	04:22:58	707	00:41:01	00:44:24	00:49:49	02:15:13	630	06:47:37
686	1637	Francesc Garofano Montoro	Calella (barcelona)	M55	ESP	00:57:58	726	01:34:06	01:53:01	03:27:07	704	04:36:15	719	00:39:07	00:43:16	00:43:00	02:05:22	520	06:47:54
687	630	Pieter van den Akker	Bussum	M45	NED	00:40:11	489	01:31:38	01:48:22	03:20:00	682	04:08:47	667	00:44:21	00:51:25	00:55:11	02:30:56	684	06:48:04
688	1263	Ronny Seise	Eppingen-richten	M24	GER	00:39:03	442	01:25:57	01:54:17	03:20:13	683	04:07:34	663	00:44:52	00:47:27	01:01:59	02:34:17	692	06:48:22
689	1816	Karin Ziekman	Vierpolders	W50	NED	00:44:47	651	01:30:08	01:48:37	03:18:44	678	04:09:41	671	00:49:35	00:49:55	00:54:21	02:33:50	690	06:48:25
690	1612	Didier Gosset	Croix	M50	FRA	00:54:28	723	01:38:46	01:55:30	03:34:15	716	04:37:11	721	00:37:48	00:40:48	00:47:43	02:06:18	541	06:48:35
691	1709	Babette Dejonckheere	Appelterre-eichem	W24	BEL	00:41:32	540	01:35:14	01:49:24	03:24:38	697	04:11:14	681	00:49:24	00:51:04	00:52:54	02:33:22	689	06:49:57
692	1282	Roger Alòs	Terrassa	M24	ESP	00:43:08	603	01:34:49	02:03:22	03:38:11	718	04:32:23	716	00:43:11	00:42:22	00:43:30	02:09:02	587	06:50:04
693	1414	Pierre Bogers	Roosendaal	M40	NED	00:38:06	410	01:23:30	01:42:19	03:05:49	598	03:49:43	566	00:46:17	00:55:59	01:07:50	02:50:05	712	06:50:06
694	1268	Timo van Geest	Alkmaar	M24	NED	00:49:43	706	01:34:32	01:53:30	03:28:01	707	04:26:21	712	00:43:58	00:46:46	00:50:09	02:20:52	659	06:53:02
695	1818	Beate Brandes	Gera	W50	GER	00:34:50	231	01:38:06	01:55:46	03:33:51	715	04:14:18	691	00:49:13	00:51:47	00:55:35	02:36:33	696	06:56:14
696	1620	Ralf Brandes	Gera	M50	GER	00:38:07	411	01:33:02	01:56:32	03:29:33	709	04:14:10	690	00:49:09	00:51:52	00:55:35	02:36:34	697	06:56:14
697	1309	Norbert Harz	Hamburg	M40	GER	00:53:46	720	01:30:26	01:50:08	03:20:33	684	04:22:36	706	00:44:38	00:50:11	00:54:53	02:29:40	680	06:58:06
698	1754	Laetitia Gerard	Beerzel	W24	BEL	00:42:11	567	01:28:15	02:17:59	03:46:14	721	04:35:37	718	00:43:48	00:47:09	00:47:32	02:18:27	653	06:58:35
699	1741	Alisa Van Kleef	Twickenham	W24	USA	00:40:15	492	01:30:49	01:52:55	03:23:43	694	04:09:01	668	00:49:16	00:55:08	00:59:53	02:44:16	707	06:58:59
700	1603	Calvin Heuvelman	De Wouden	M50	NED	00:47:06	684	01:27:30	01:47:25	03:14:54	658	04:08:39	666	00:50:05	00:53:28	00:58:26	02:41:58	704	06:59:57
701	1593	Walter Malattera	Calella	M50	ITA	00:54:49	724	01:28:34	01:53:35	03:22:09	689	04:27:58	715	00:48:23	00:46:49	00:49:03	02:24:14	671	07:01:14
702	1819	Ilona Heerdt	Bussum	W50	NED	00:41:21	528	01:31:49	01:53:06	03:24:55	698	04:13:33	689	00:46:47	00:53:00	01:02:50	02:42:37	705	07:01:44
703	1040	Danny Jalink	Zoetermeer	M24	NED	00:47:56	692	01:25:02	01:51:58	03:16:59	670	04:11:53	685	00:48:46	00:54:14	01:00:45	02:43:44	706	07:02:10
704	1822	Anita van Bon	Huissen	W60	NED	00:44:23	643	01:31:03	01:48:01	03:19:04	680	04:09:26	670	00:51:36	00:54:55	00:58:58	02:45:29	708	07:02:21
705	1823	Geziena van Boggelen	Westervoort	W60	NED	00:49:27	703	01:29:29	01:47:33	03:17:02	671	04:18:00	697	00:51:52	00:52:44	00:53:50	02:38:26	700	07:04:11
706	1739	Catherine Gysels	Berchem	W24	BEL	00:39:23	457	01:43:08	01:56:29	03:39:36	720	04:24:50	709	00:45:43	00:49:43	01:00:24	02:35:49	695	07:04:14
707	629	Mohammed Kenssous	Dubai	M55	FRA	01:01:31	728	01:31:41	01:51:49	03:23:30	693	04:35:02	717	00:46:00	00:50:26	00:50:19	02:26:45	676	07:11:10
708	1744	Marloes Nijholt	Duiven	W24	NED	00:42:12	570	01:34:12	01:52:54	03:27:05	703	04:16:14	692	00:50:47	00:53:21	01:03:54	02:48:02	709	07:11:25
709	1567	Christian van Eecke	Tervuren	M50	BEL	00:46:56	681	01:29:50	01:47:49	03:17:39	674	04:16:59	695	00:53:37	00:57:20	00:59:47	02:50:43	713	07:15:38
710	1209	Dany Petit	Erpeldange	M24	LUX	00:45:59	670	01:31:49	01:58:30	03:30:18	712	04:24:34	708	00:52:44	00:50:13	01:06:06	02:49:01	711	07:18:19
711	1652	Roderick Paton	Denham Garden Village	M70	GBR	00:49:18	701	01:35:04	01:56:19	03:31:23	714	04:26:59	713	00:50:18	00:54:32	01:03:51	02:48:40	710	07:21:55
712	1645	William Strobbe	Brecht	M55	BEL	00:43:09	606	01:33:17	01:54:23	03:27:39	706	04:16:21	693	00:58:34	01:00:42	01:04:33	03:03:48	715	07:25:41
713	1477	Gerard Das	Almere	M45	NED	01:10:00	730	01:45:55	02:04:51	03:50:45	722	05:12:24	723	00:41:36	00:43:10	00:46:38	02:11:23	604	07:27:57
714	1211	Youri Gerritse	Utrecht	M24	NED	00:53:20	717	01:40:44	02:12:34	03:53:17	723	04:52:49	722	00:46:23	00:54:57	00:58:16	02:39:35	701	07:35:25
715	1811	Deise Jancar	São Paulo	W50	BRA	00:44:39	648	01:36:13	02:02:18	03:38:31	718	04:36:30	720	00:57:48	00:59:53	01:01:09	02:58:49	714	07:41:24
716	1098	Olav Smit	Almere	M24	NED	00:35:25	266	01:14:01	01:29:29	02:43:29	273	03:23:13	254	00:39:41	00:45:53			0	
717	1582	Mark van der Pol	Renkum	M50	NED	00:37:59	405	01:23:00	01:44:50	03:07:50	615	03:51:49	585	00:39:56	00:41:54			0	
718	1034	Auke Rensen	Didam	M24	NED	00:32:28	125	01:08:39	01:21:53	02:30:32	70	03:06:40	59	00:33:23				0	
719	1537	Hans Frieling	Arnhem	M50	NED	00:39:34	468	01:17:19	01:36:23	02:53:42	451	03:39:21	454	00:48:00				0	
720	1736	Karin Bultynck	Knokke-heist	W24	BEL	00:40:59	511	01:24:44	01:38:57	03:03:40	564	03:49:01	556					0	
721	1005	Joeri Ameye	Tielt	MU24	BEL	00:26:36	11	01:03:13	01:32:56	02:36:09	152	03:05:16	47					0	
722	1482	Bas Koning	Den Haag	M45	NED	00:32:27	123	01:11:06	01:28:02	02:39:07	205	03:16:41	179					0	
723	1402	Filip Van Den Brande	Sint-andries	M40	BEL	00:38:36	427	01:15:24	01:29:45	02:45:08	298	03:27:56	307					0	
724	655	Evert Scheltinga	Arnhem	M24	NED	00:24:08	1	00:58:30				0	0					0	
725	1405	Wim Gruyters	Den Haag	M40	NED	00:44:45	650	01:42:04				0	0					0	
726	1075	Emiel Pieterse	Haarlem	M24	NED	00:37:29	359					0	0					0	
727	1245	Frank van Roekel	Nieuwegein	M24	NED	00:35:02	239					0	0					0	
728	1499	Gosse Osinga	Culemborg	M45	NED	00:39:58	481					0	0					0	
729	1168	Julian Mutterer	Koln	M24	GER	00:25:29	3					0	0					0	
730	1011	Marius Overdick	Hofheim	MU24	GER	00:26:40	13					0	0					0	